



Muckleshoot MONTHLY



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APRIL 15, 2010



PHOTO BY JOHN LOFTUS

MUCKLESHOOT'S OWN 'APOLO OHNO'

Shianna Moses, with seven first place medals hanging around her neck, reminds one a bit of the legendary Olympic speed skater Apolo Ohno, who is now the most decorated US Olympic athlete of all time.

But that's just a dream – right? A pair of his skates are in the Smithsonian Institution. His face is on an Alaska Airlines jet. He even won *Dancing With The Stars!* And besides, Apolo Ohno is an *ice* skater – right? – not a roller skater. Well, not so fast...

"It's kind of weird," Shianna says, "because when he was little, he skated for Auburn, like I did."

Yes, it's true. Apolo Ohno got his start as a lil' shaver, just six years old, at Auburn Skate Connection. Just like Shianna.

And when he got bigger and stronger and began to dominate the sport, he moved up from Auburn to one of the top rinks in the nation – Pattison's West in Federal Way. Just like Shianna.

And then, when he turned 12, he switched to ice. Shianna is 11. Will she switch to ice? Will she go to the Olympics? Time will tell. It takes top training at Olympic camps, and a lot of money.

But there's no question about it: Even if she never switches to ice, Shianna Moses appears to be poised to become one of the all-time greats of roller sports.

Shianna is bigger, stronger, faster, and has more endurance than she did last year. Before she made a name for herself, nobody noticed her when she laced up her skates, because of her diminutive size. Even now, she's just 4'11" and 105 pounds.

"Last year when I was on the (starting) line, I was kind of intimidated by how tall the girls were," Shianna says. "They were, like, two feet taller than me."

They didn't take her seriously at first, but they do now. One of Shianna's trademarks is her incredibly fast starts. "She comes out of the gate like a missile," her dad says.

By the time she gets to the first turn, the field is far behind, and from that point on the outcome is never in question. She typically wins by a quarter- to a half-lap – sometimes more. She's in a class by herself, her dad says.

The recent "Battle In Seattle" meet at Pattison's West was a case in point. It drew top skaters from 20 US states and Canada, and Shianna simply annihilated all comers, bringing home seven first place medals.

Her next goal, which is still a bit "under wraps" is to break the world speed records that have been held for more than a decade by former world champion Brittany Bowe. She can top them in practice – now she just needs to do it in a sanctioned meet, such as the regionals or the nationals.

Shianna has asked to use this space to thank her most loyal supporters: Mardee Rodrigues, Andrew Simmons, Joseph and Bridget Simmons, and especially the grandparents she's always known as Mom and Dad – John and Dianne – who have been living the dream with her as it has unfolded day by day.

And who knows what the future may bring? Maybe one day Shianna Moses will have her face on a jet and win *Dancing With The Stars* – just like Apolo Ohno!

VIRGINIA CROSS TO CHAIR TRIBAL COUNCIL

Charlotte Williams, Mike Jerry Sr., Virgil Spencer take oath of office

The sound of happy voices filled the Council Chambers on the morning of Tuesday, April 6 as a capacity crowd waited eagerly for the shortest Tribal Council meeting of the year to begin. On the agenda were just two items: The swearing-in of new and returning council members and the election of officers.

The meeting was finally called to order and, one by one, the January electees – Charlotte Williams, Mike Jerry Sr. and Virgil Spencer – were sworn in by Vice-Chair John Daniels Jr., each reciting the oath of office with right hand held high.

A cheerful celebration followed, featuring a handshake line and lots of picture-taking. After all the festivities had abated, the meeting reconvened and took up the second order of business – the election of officers, with the following result:

- Chair – Virginia Cross
- Vice-Chair – John Daniels Jr.
- Secretary – Virgil Spencer
- Treasurer – Marcie Elkins

A Lifetime of Service

Virginia Cross can't remember how many years she's served on the Tribal Council, or how many times she's been its chairman. The only answer she can give is "many years and many times." With the retirement of Stanley Moses, Virginia is one of just two veteran council members whose careers have spanned the entirety of a sweeping era during which almost everything we see around us has come into being. The other is Marie Starr.

When elders like Stanley, Virginia and Marie first became involved in tribal politics, the powerful and prosperous Muckleshoot Tribe we know today was only a dream. Incredible – almost unbelievable – progress has taken place during their many decades of service, but you will never hear them boast. Our veteran tribal leaders are fond of remembering, but none would think to boast. They all know that no one person did it. They all did it. The tribe did it – each and every one.

And these same elders of the council are quick to credit their own elders, upon whose shoulders they stood. The generation that led the tribe at the time they came of age had to fight hard – sometimes putting their very lives on the line – to win recognition of Muckleshoot's treaty rights, and through their selfless and courageous efforts the foundation was laid that we now continue to build upon.

Virginia Cross started working for the tribe in 1964. She was the first director of what was then the crown jewel of the Kennedy/Johnson Administration's ambitious new War on Poverty – the Head Start Program.



PHOTO BY JOHN LOFTUS

Virginia's first official duty as chair was a welcoming speech to kick off the 2010 Northwest Indian Youth Conference.

"Bertha McJoe was Tribal Chairman at that time," Virginia remembers. "She devoted herself full-time to the council, and was not paid. Even when she went on trips for the tribe, she put her own money in for gas and paid for her own lunch. She bought her own postage stamps and kept everything at her house."

A few years later, Virginia, now working for the Auburn School District's fledgling Indian Ed Program, was elected to the Tribal Council herself. It was still a voluntary position. Meetings were held in the Fishbowl, where framed pictures of John and Bobby Kennedy hung on the walls. Younger people may not know it, but a lot of history was made in that glass-walled conference room that still opens off the lobby of the Finance Building. "I think Gilbert King George was chairman," Virginia recalls. "There was nothing available at that time. We had only two buildings – the community center, which became the tribal gym, and the Administration Building, which is now Finance."

continued on page 2

Construction continues on MIT Early Childhood Education Center

MUCKLESHOOT – Construction of the new Muckleshoot K-12 School Campus continues with the general contractor, BN Builders, focusing on completing the exterior of the Early Childhood Education building, starting interior finishes and placing sidewalks and site concrete.

Design of the building is complete and the user group and Early Education Committee recently approved the interior furniture package along with the interior colors.

A Tribal artist has also been engaged by the Tribe to incorporate art work and cultural elements throughout the building and the artist is working closely with the design team, Miller Hull Architects, to ensure the project fits well with the K-12 campus.

Most of the site work activities have been on hold for the winter season but work is starting up again on the site with the beginning of spring. In the past few weeks the construction team has begun the work on the new outdoor-indoor amphitheater which will allow the students to have a gathering space which communicates to the outdoors and provides a



An aerial view of the new MECE facility, located just east of the new Muckleshoot Tribal School

space outside of the classrooms for student gatherings.

The three exterior play areas – physical therapy, birth to three program, and head start – are all underway now and will provide more outdoor play space than available at the

current facilities. The play areas were designed with the idea that students need a safe and fun way to exercise outdoors, creating unique learning opportunities for the teachers, while invoking a sense of Muckleshoot culture.

The Muckleshoot Construction Department has been working exceptionally hard on this project to ensure its on-time and under budget delivery, and things are progressing very well. The project is on schedule for completion this summer.



TRIBAL COUNCIL UPDATE

QFC CLOSURES ITS DOORS

This past weekend the QFC grocery store on the Reservation closed its doors for the last time. In announcing the closure QFC officials explained that the store was not performing financially at a level they needed to keep it open. The company is also closing their grocery store in Lakewood Washington.

In a prepared statement the QFC public affairs director said "the decision to close these two stores was difficult and not taken lightly, but unfortunately was necessary." The company also said they are working to find job openings at other QFC stores in the region for the workers in the two closed stores.

QFC has been an important part of the community for many years and its closure could impose a hardship on some community members who live in the vicinity of the store and relied on it for their grocery needs. The Tribal Council was concerned about that potential hardship and took steps to provide assistance for those Elders who live near the QFC and walked to the store.

The Senior Center has instituted a program whereby those Elders can sign-up for transportation to another grocery store. A weekly schedule for this transportation service will hopefully ease the burden caused by the QFC closure.

The Tribe has already initiated a process for the redevelopment of the Muckleshoot Shopping Center site. A firm will soon be selected to work with the Tribe to undertake feasibility studies, determine the highest and best use of the property and help coordinate a Master Plan process to guide the redevelopment of the 7 acres of property around the QFC site.

The closure of the QFC store, while disruptive and inconvenient for some community members, should also be viewed as an opportunity to broaden and strengthen the tribe's economic foundation. The community will be kept informed of this project as it moves forward.



COUNCIL MEMBERS TAKE THE OATH OF OFFICE

PHOTOS BY JOHN LOFTUS



Charlotte Williams



Virgil Spencer



Mike Jerry Sr.



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SUBSCRIPTION REQUEST / ADDRESS UPDATE

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If this is an address change, list previous address:

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I am a Muckleshoot tribal member,

I have ties to the Muckleshoot Tribal Community

Please explain: _____

Virginia Cross *continued from page 1*

Chairman Again

Fast-forwarding to the present, Virginia Cross has stepped up to lead once again. She wants the people to know that she shares the goals of the council and community and hopes to see the tribe continue along its current path.

"We've got some new young people on the council," she notes. "They have fresh ideas, and I'd like to see them participate as much as they can. This council is a really good working group, and we just need to keep moving forward."

As for herself, Virginia simply says, "I'll do the best I can." And, as a lifetime of service has demonstrated, that's pretty good.

Muckleshoot Monthly
John Loftus, Managing Editor
39015 172nd Avenue SE
Auburn, WA 98092
(253) 876-3207
john.loftus@muckleshoot.nsn.us

Muckleshoot Tribal Council
Virginia Cross, Chairwoman
John Daniels Jr., Vice-Chair
Virgil Spencer, Secretary
Marcie Elkins, Treasurer
Donald Jerry Sr.
Mike Jerry Sr.
Kerri Marquez
Marie Starr
Charlotte Williams



**A Heartfelt Thank You from Linda Starr
For being there for my son, Banson Nguyen
&
My husband, Sefa Pedro**

I want to express my deepest and sincere gratitude for the multitude of prayers, warm wishes, monetary donations and kind words that have totally overwhelmed me these past couple of months.

The prayers for my son Banson Nguyen and my husband Sefa Pedro are the healings that they both needed, as well as, me and my family.

The strength that I have gained from the sincerity of my Muckleshoot people, Muckleshoot Community, Muckleshoot tribal employees, friends and relatives have been my backbone for the past couple of months.

The sheer generosity of your actions has truly humbled me. I am grateful to have benefited from the good medicine that has been given to me and my family during these tragedies that have felled my son, my husband and my family.

For everyone that had come first to Auburn Regional Medical Center for my husband Sefa and his near fatal asthma attack and then to Harborview for my son Banson and his terrible accident that required brain surgery with the removal of the left skull, I truly want to thank you from the bottom of my heart.

I myself know that it is not easy to go to hospitals and visit but the overwhelming response from each and every one of you was just totally awesome! Thank you, I raise my hands to each and every one of you!

So many times during the past couple of months when I felt as if I couldn't just handle this anymore, when I felt as if I could just fall over from this tragic experience I would regain my strength and composure with each inquiring regarding my family members, with each prayer, with each offering of someone telling me whatever you need Linda, just call, with each friendly smile, with each hug or tears that were shed for my son and my husband, I can't express in any words known to me how to let you all know what these actions have meant to me.

I want to thank my husband's family for staying with him throughout his hospital stay at Auburn Regional Medical Center so that I could be with my son Banson at Harborview.

I want to thank my sister Joyce, for never leaving my son's side and for being my rock and giving me a break when I needed one and for just being the awesome sister that she is! I love you Joyce!!!

I want to thank the 1910 Shaker Church members for coming to my home to offer prayers for my husband, Sefa and my son, Banson, and my family.

Muckleshoot is so awesome!!! Each and every one of you is awesome and I love you all my brothers and my sisters!!!!

Sefa is steadily making progress but still experiencing short term memory loss. Banson has returned to work but will be having the left side of his skull replaced sometime in April, maybe as soon as April 12th!!! Both miracles in my mind and both would have not been possible without your prayers.

Again, thank you for your kindness and the way you have helped me during this tragic time in my life. I thank you for your support and prayers, for taking time out of your busy schedules to stop by the hospitals, for all of the warm wishes, for the monetary donations, for the kind words and just for being there for me and my family.

Our Muckleshoot Tribe and community is truly unique in the way that we stand behind our own people, the way we pick them up when they fall, the way we show our love and commitment to one another, the way we stand with our families when they are in sorrow and the way that we can call each other brother or sister and mean it from the bottom of our hearts.

I love my Muckleshoot people and community and I thank you for all the good medicine that has been given to me and my family these past two months. I don't think I could have made it through this ordeal without you and I truly admire and respect each and every one of you.

I love old school and that's the way it has been for me the past couple of months. When I had church in my home everything was taken care of through donations, candles, food, drinks I had all that I

Thank You to Each and Every One...

I would like to take this time to thank each and every one who took part with helping out for my daughter's Memorial on February 26th -28th. Thanking my family – Mom, Daughters, Sisters and Brothers, Aunts and Uncles and Cousins; Nieces and Nephews; the cooks – Christina Chagolla and Family; Beeb and Jo-Al, for cooking the fish and deer meat; and the Moses girls for the pies they baked... Mmmmm! Very good!



To all who donated in any way possible, I am so very thankful to each and every one of you. I am sure Kathleen was very happy and smiling down on us all. It was a very beautiful week-end. Everything seemed to go so smooth and just right. It made me feel so good inside. So I just had to take this time to thank each and every person that helped out in any way – even just being there was more than enough. Thanks! You are all greatly appreciated and loved!

Thanks,

Evelyn "Eu" Eyle

MEMORIAL



Sisters Mary Basteyns, Bernice White and Ethel Keeline.

Memorial for Bernice White

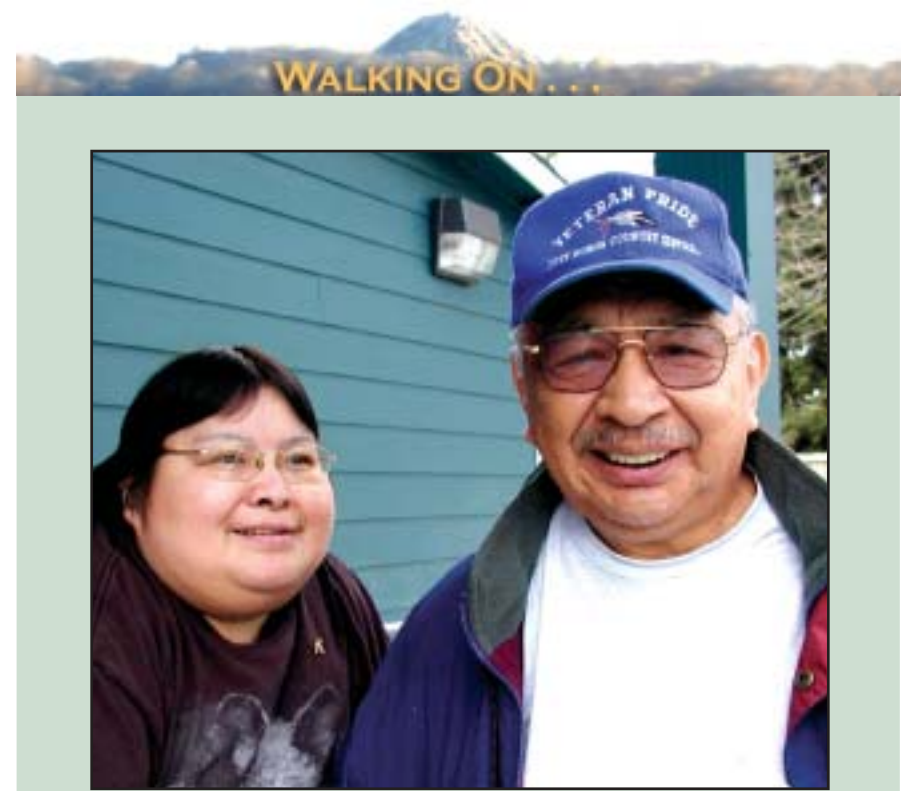
**Headstone Blessing
Saturday, May 1, 2010 @ 10:30 a.m.
and**

**Headstone Blessing for
Mary Basteyns @ 11 a.m.**

**Enumclaw Evergreen Memorial Park
23717 SE 416th Street
Enumclaw, WA 98022**

**There will be a dinner & give
away to follow at the
Muckleshoot Shaker Church.**

**We will also be honoring
Mary Basteyns and Ethel Keeline.**



Sheryl Sneatlum-Teo with her Dad, Charlie Sneatlum

Sheryl L. M. Sneatlum-Teo

Sheryl Lee Mildred Sneatlum-Teo, born June 28, 1961 in Auburn, Washington, died on March 17, 2010 in Seattle, Washington. A tribal member and lifetime resident of the Muckleshoot Tribe, Sheryl was just 49 years old.

Over the years Sheryl worked for Avon and held several administrative positions for the tribe. She was a member of the Veterans Committee, Skopabsh, Sla-Hal and Smokehouse. She also enjoyed playing bingo, visiting the casino, attending events at Sla-Hal, and volunteering for breast cancer fundraisers.

Sheryl was preceded in death by her father Charles A. Sneatlum; mother Shirley M. Sneatlum; sister Charmaine "Maney" Sneatlum; and nephews Derek A. Sneatlum and Cliffie Sneatlum. She is survived by her husband Floyd Teo; two brothers Charles R. Sneatlum (Marysville) and Lenny J. Sneatlum (Auburn); and three sisters Renee Sneatlum, Lisa Sneatlum and Dawn Miller (all of Auburn); as well as many nieces and nephews.

A funeral service was held on Monday, March 22, 2010 at the Sla-Hal Shed in Auburn, Washington followed by burial at the Old White Lake Cemetery. Arrangements were handled by the Price-Helton Funeral Home of Auburn. Online sentiments may be journaled at www.price-heltonfuneralhome.com.



Thank You from the Sneatlum Family

Our family would like to thank everybody for their thoughts and prayers during our sister Sheryl's passing. It was a hard time for our family, but we understand that she's not in pain anymore. She had arthritis real bad, and she cried every day. She's now at rest, and with our family on the other side. She's okay where she is, and our family accepts that she's in a better place now. We would like to thank everybody for their help during our time of need. Below, are some of the names of people who helped us:

- Connie Daniels – for cooking
- Bonnie Jerry – for gathering Sheryl's personal belongings and cooking
- Eva Cayou – for gathering Sheryl's personal belongings
- Florence Nelson Villa – for helping cook
- Eddie Brown, Janelle Marsette and kids, Gregg, Marissa, Ruben – for helping cook
- Missy Brown – for cooking
- Tammy James, Macy James, and Bettina Brown – for cooking
- Job Corps – tables and chairs
- Beeb, Jo-al Moses – cooked fish and bbq elk burgers
- Randy Ross – for helping cook, and helping cook for the burning
- James Pierce and Harvey Starr – for the fish donated to the burning plates
- Doy Sandoval and Abbe Lozier – for the pot of soup
- Kenneth Moses Jr. – for cleaning the sla-hal building and brushing off the family

- John Bill, Mary Bill, Janice Bill, and Warren Bill – for doing the burning
- Donations received from: Toots Baker family, Pete Jerry, Sallie Courville, Donna Starr, Linda Starr
- Loretta Williams and Kim Sneatlum – fry bread and yeast rolls
- Rod Brown – cooked elk meat
- Celeste Edwards & Crystal Edwards – cakes
- Loretta Moses, Bonnie Sohapp, and Faline Marsette – for the 68 pies
- Cynthia Lozier – many yeast breads
- Ramona Elkins – 2 pots of soup
- Linda Starr – 16 cakes
- Pete Jerry – for being there with us every day, and supporting us endlessly
- Mike Edwards – for being there every day and was a big help with every thing
- Mitzi Judge & Nick Johnny – were also there for the family every day
- Auntie Wass, Liz & RB, Ev, Clint & Linda, Nelson, Auntie Sal & Uncle Gator, Auntie Connie, Priscilla, Josie, Auntie Sharon, Sophie Courville, Rita Martin – were all there to support the family also.
- Alfred Starr – for his time spent at the sla-hal shed

The Sneatlum family is very thankful for everybody who took time out of their lives to help. We will always remember your contribution. We appreciate all of your thoughts and prayers.

WE'RE MUCKLESHOOT AND WE COUNT!

The Muckleshoot Tribe is pulling out all the stops in an effort to make sure that each and every household on the reservation gets counted in the 2010 US Census.

"The Census documents how many Natives live in or around the Muckleshoot reservation," says Tribal Operations Manager John Halliday, adding that, "It's important to note that these numbers will be used by the federal government for the next ten years to determine the allocation of funds for programs and services to our people, so we can't afford to sell ourselves short."

Halliday knows what he's talking about, because ten years ago he worked as Tribal Government Liaison for the 2000 Census, overseeing operations on 38 reservations in Western Washington and Western Oregon.

Muckleshoot got off to a good start, initially leading the state with a 52% participation rate. At the time, this compared very favorably to the national rate of 46% and the King County return rate of 43%. In fact, only one tribe in the US – the Salt River Pima of Arizona – was doing better.

The high level of enthusiasm for the census at Muckleshoot was bol-

stered by a big Census Day Dinner held at the Pentecostal Church on April 1, featuring catered food, speeches, door prizes, song and dance by the Muckleshoot Canoe Family, and even some beautiful vocal solos by census worker Marcia Williams.

Two weeks later, however, other jurisdictions had caught up and passed Muckleshoot, which had gone from 52% to 59%. During the same period, the national return rate had risen 21 points, from 46% to 67%, and King County was at 69%. Even our neighbors to the south, the Puyallup Tribe, had three points on us.

Plans have been made to once again redouble the tribe's efforts, says Grant Timentwa of the Planning Department, pointing out that the lower participation rates are in the areas where most of the tribal rental housing developments are located.

Tribal households had until April 16 to mail in their forms. Census Enumerators will now begin visiting households to help the filing to continue, Timentwa says, adding that tribal members who applied for Census Jobs and took the test should be receiving phone calls soon from the Census

Bureau. Most of the jobs will be for the Enumerator positions.

For those who need help with their Census Questionnaire, assistance will also be available in the Philip Starr Building from 11 am to 2 pm until Friday, April 23. The office is located behind the fireplace, across from the Fisheries Commission Conference room. You are also free to contact Ada McDaniel at 253-876-2980 or Grant Timentwa 253-876-3327, or stop by their offices to receive a Census Questionnaire form.

"I'd like to commend Marcia Williams, Grant Timentwa and Ada McDaniel for the great jobs they've been doing," Tribal Operations Manager Halliday says. "They've gone door to door to give information to people about the census and have explained to them how important it is. Their work, and the cooperation of the entire Muckleshoot Tribal Community, is going to really help us out over the next ten years, and I look forward to having the tribe reap the benefits for all of the programs and services that rely on population counts for their funding."

Census Day Dinner

April 1, 2010 ~ Muckleshoot Pentecostal Church

PHOTOS BY JOHN LOFTUS



NWIC Career Fair to feature first Native American Astronaut

The Northwest Indian College invites the public to attend its upcoming two-day Career Fair and Training Symposium on May 4-5 at its Lummi main campus to meet with local employers, make contacts, gather information about a wide range of professional occupations as well as access a wealth of career-preparation opportunities and job resources.

This educational event, cosponsored by the National Oceanic and Atmospheric Administration, not only features convenient networking opportunities for employers and attendees but also presentations, speakers and structured workshops geared toward prospective job seekers.

The keynote speaker for the event is John Herrington, former NASA astronaut and the first Native American to travel to space. The 2010 Career Fair and Training Sym-

posium will be held on Tuesday, May 4, and Wednesday, May 5, at the NWIC campus, located at 2522 Kwina Rd. in Bellingham.

Community members are encouraged to take advantage of this opportunity to prepare for job entry and achieve greater employment success. The event has drawn exhibitors from local, state and federal agencies and businesses, including the Peace Corps, Social Security Administration, T-Mobile, the Federal Aviation Administration and BP Cherry Point Refinery. Exhibits will be open on both days from 9 a.m. to 3 p.m.

Register with NWIC Student Services in building 12, Lummi Campus, at (360) 392-4256 or mdeemmons@nwic.edu.

For more information, visit the NWIC Web site at www.nwic.edu.

2522 Kwina Rd., Bellingham, WA, 98226 | 360-392-4269 | 1-866-676-2772 ext. 4269 | www.nwic.edu

NORTHWEST INDIAN COLLEGE
X w l e m i E l h > T a l > N e x w S q u l



Northwest Indian College Career Fair and Training Symposium

May 4 & 5, 2010

Register in Student Services, Building 12,
for college credit (tuition charge)
or continuing education credit (free!)

Join us for speakers, a NWIC Space Center rocket launch, workshops, and employers' exhibits. Come check out give-away items and enter a raffle with the opportunity to win an iPod!



John Herrington

The keynote speaker for the event is John Herrington, former NASA astronaut and the first Native American to travel to space.

For more information, contact NWIC Career Advisor Maeg Demmons at 360-392-4256 or mdeemmons@nwic.edu.



NOAA

The 2010 Career Fair and Training Symposium is co-sponsored by the National Oceanic and Atmospheric Administration.



NWIC students and teachers attend play in Seattle

On March 6, eleven students and four teachers from the Northwest Indian College program at Muckleshoot Tribal College went to a professional play at the Seattle Center. The play was produced by the Book-It Repertory Company, and was called *The River Why*. The play is based on the book by David James Duncan. This was the first time many of the students had been to a professional theater production, and everyone enjoyed themselves.

The River Why

By Thelma Starr

I thought it was really cool for us to get out of class and go to watch a play in Seattle. I would never thought of what it takes to do a play. It's a lot of work to get the stage set up and get in costumes for the play, let alone to learn and know the lines. There were more people there than I thought there was going to be. It surprised me to see a sold out show.

The play was pretty good. What I liked the most was how they talked about fishing at Celilo Falls. That is where our people fished at before they put up all the Dams. The play was about this guy who finished school and wants to spend the summer fishing. He tells his family that he got a cabin and wasn't going to go to college and was going to fish in the summer. He got packed up and left. He was fishing and met a guy and they started drinking and got drunk. It was funny; he

woke up the next day with the other guy's coat on. Then another time, he seen a girl fishing. It surprised him to see a girl fishing alone. He really liked her and couldn't wait to see her again.

It really surprised me to see so many people there to watch the play. They do a lot of work to make a play. This is my first play I watched. I liked it very much. It was different. Just thinking back, this is what everybody did for enjoyment before TVs and computers. They do this every day in Hollywood to make the movies we watch. The only thing I didn't like was we were all in there like pack rats. We sat too close to each other. But other than that, I would watch another play. I would want to do a family one next time and bring my own family and see if my kids like them.



PHOTO BY JOHN LOFTUS

Remember: DATES ARE SUBJECT TO CHANGE
Please Call College to Confirm Dates!

Testing Dates are
April 23, 30th.
May 7, 21 28th.

Exam Testing Times -Arrive Early!

9:00 Reading, Social Studies, Science
10:30 Reading, Social Studies, Science
12:30 Math OR Language Essay Pick Only One
2:45 Reading, Social Studies, Science

If you are planning on taking 4 tests in one day then do your Essay at 12:30 & do your Math the next testing session

Passing a Pre-Test with a 450 score is Mandatory before taking the GED test or Muckleshoot Tribal members may pay for the GED test themselves.

Contact Mitzi Judge @ Muckleshoot Tribal College 253-876-3395 mitzi.judge@muckleshoottribalcollege.org
Or Tribal College Main Office 253-876-3183 www.muckleshoottribalcollege.org
GED Instructor's Phone number 253-876-3256

GED Tutoring

Free to all community members

- One-on-one tutoring
- Private study space available

Monday-Friday 9am to 5pm
Tuesday and Thursday until 7pm
Muckleshoot Tribal College room 203

For tutoring: Todd Johnson at 253-876-3256
Kitty Heite at 253-876-2977
For testing questions: Mitzi Judge at 253-876-3395

MUCKLESHOOT TRIBAL COLLEGE

Come in and finish your GED!

The GED room at Muckleshoot Tribal College encourages students to return to work on and finish their GEDs. As always, we are excited to help students find GED success and create options in their lives, including new work and school opportunities. Remember, all of our tutoring and preparations services are free, including the workbooks. Additionally, the study room is a quiet, safe, and comfortable place to learn.

Now, there is an additional incentive to finish the GED because the GED series will change in January 2012, and all previous test scores will expire. That may seem like a long time away, but it's not. Don't let your results expire! Come in and finish your GED.

This is a good time to come back to earn your certificates because we have continued to improve the GED room. Among the improvements, we've purchase a Kindle Electronic Reader, which helps students improve reading skills and build vocabulary with many easy-to-use functions. We've also continued to improve the online learning materials, which are very popular and effective.

We hope to see you in the GED room soon.

Congratulations to Alexandra Cruz and Layla Yamabe of the Muckleshoot Tribal College for making the NWIC Dean's List!



TRIBAL COLLEGE PROFILES
Marlene Cross

Interview and photo by Duane Castillo

What is your name? Marlene Cross

What is your tribe? Muckleshoot & Puyallup

Where are you from? Around here

Which program are you in right now? Bates Technical College

What is your favorite part of going to school here? Convenience, classes are small, and you can get more help from teachers.

What has been your favorite class and why? At the Evergreen State College they had classes every Saturday at the longhouse. Members of different tribes from around the NW area would meet there to discuss tribal case studies. We looked at issues such as whale hunting in Neah Bay and Tribal housing all over the US.

When will you be completed? I'm going for my Master's Degree in September at Antioch. I hope to finish in 2012.

What are your plans after graduation? Retiring and helping my tribe wherever I can by doing volunteer work.

What would you say to potential students to encourage them to attend college? I started working at the daycare and I signed up for an AA degree, when the college was down the road, through NWIC. I went for my Bachelor's degree through the Evergreen State College. Between those classes, I signed up for the M.O.S.T. (Muckleshoot Occupational Skills Training) held here at the Muckleshoot campus. I then signed up for the Bates business leadership classes. I am 60 years old. If I can do it, anybody younger than me can do it too.

Head Start Celebrates a String of Successful Events

After several fun filled events with a positive turnout, Head Start is gleaming with joy.

"We are thrilled that our families are energized about what is going on at Head Start. They are showing up and participating, it is exciting" says Leonie Rodarte, Head Start Family Service Manager.

Head Start families are connecting with resources that help them with everything from stress management and financial planning, to nutrition and exercise. Typical parent trainings include guest speakers, great conversation, delicious meals and, of course raffles!

Head Start has recently begun a methodical approach in getting the information out to families. We are using custom made wristbands that say, "Bring me to the parent meeting tonight". Parents are showing up and saying, "Thank you, that was so helpful!"

But Betsy Myers, the Assistant Program Manager, insists there is more work to be done. We want all of our families to benefit from these events in one way or another. If they can't make it, we will get the information to them.

One thing is for sure, Head Start is making a positive impact and things are only beginning.

Do you have something to share or information that would be beneficial to Head Start families? Please contact Leonie Rodarte at 253-876-2997 or leonie.rodarte@muckleshoot.nsn.us we would love to add you to our guest speaker directory.



Good for one Parent Meeting
Gather up all of your coupons and come prepared to trade, barter and win some amazing coupons from your favorite restaurants and local businesses!

\$COUPON PALOOZA!

10% 20% 30% 40% off!
Redeem your collection for a prize!

Where: April 21, 2010
Time: 5:30
Where: Head Start Administration (all Even Start read to the south lobby)

Muckleshoot Head Start
3933 172 Ave. SE
(253) 876-2997
leonie.rodarte@muckleshoot.nsn.us



Weaving Classes



April 22 & 23
Traditional Cedar Hat

May 6 & 7
Cedar Mortar Board
(graduation caps)

10am to 6pm

Sign up for classes. 10 people per day, breakfast, lunch, and dinner will be provide.
At the Muckleshoot Scholarship Building

Questions please contact:
Laurie Williams at 253-876-3381 or Marie Marquez at 253-876-3382

Distribution Dates
Two Weeks
April 19, 2010-April 30, 2010
10a.m. - 4p.m.
(Weekend Appointments Available)

Youth Facility



Come join us at the Youth Facility

Youth Facility wants your child from age 5-18. We do all kinds of activities from field trips, to culture time, to homework time, including free play which includes watching movies, playing games, even computer games. Our hours of operation are as follows Tues-thurs 12:30pm-9pm Friday 3:30pm-12am for skate night and Saturday from 12:30pm-9pm. Snack and dinner are provided to all youth. The last Thursday of the month we have a family night so we have a chance to get to know the family of the youth that we provide service to. For more information feel free to call us 253-876-3383



Curtis Redding waiting for dinner



Say Cheese



Hide and Seek



Family Night March 2010

MUCKLESHOOT YOUTH FACILITY

>> Hours of Operation

- SUNDAY: Closed
- MONDAY: Closed
- TUESDAY: 12:30-9:00pm
- WEDNESDAY: 12:30-9:00pm
- THURSDAY: 12:30-9:00pm
- FRIDAY: 3:30pm-12:00am
- SATURDAY: 12:30-9:00pm



MUCKLESHOOT YOUTH FACILITY
2900 172nd Ave. SE
Ashe, WA 98002
Phone: 253-876-3383
www.muckleshoot.nsn.us



Playing Connect 4

Student Incentive & Reward Program

Congratulations to those of you listed below in your accomplishment for Incentive Rewards

Honor Roll	Attendance Rewards	Succeeding In School
Seaira Pacheco	Elijah West	Kendra Bean
Carol Daniels	Miguel Cruz Cruz Jr.	Connor Moore
Kendra Bean	Elijah Lobehan	Jaden Iverson
Leetah Jerry	Resa Starr	Joseph Emery
Rose Davis	Matthew Thompson	Joshua Moses
Yvonna Moses	John Jansen	Azela Weed
Siema West	Carla Thompson	Alyssa Waiese
Jacinda WhiteEagle	Sweet-Tub Cayou	Leah Moses
Ethan Moore	Jeremiah WhiteEagle	Sylvia Agaton
Chris Marquard	Dominic Jansen	Charles Starr
Dana Sohappy	Brandon Moran	Miguel Cruz Cruz Jr.
	Erika Ramirez	Matthew Thompson
	Leah Moses	Dylan Nelson
	Charlize Moses	Kaylee Nelson
	Avery Brown	Alexis Mason
	Azela Weed	Latasha Moses
	Robert Weed	

Congratulations to Seaira Pacheco for 1 full academic school year of Honor Roll. Enjoy your Laptop

Congratulations to Rose Davis for achieving her 11th grade requirements for Persistence Incentive

High School Graduates

Does anyone know of any Muckleshoot youth that are scheduled for 12th grade graduation?

The Student Incentives & Rewards Program can assist with funding for items such as: Cap & Gown, Tassel, Class Ring, Announcements package & Senior Pictures

Lets give a Big congratulations to the 2009-2010 Muckleshoot Tribal School Kings; All of the below stated youth have accomplished School Letter of Achievement to receive a Lettermans Jacket

Sampson Sam	Latana Baker
Chris Marquard	Rose Davis
Silas Miller	Vivian Jansen
Antonio Cabanas	Kellie Manduza
Preston Brown	Courtney Rodarte
	Shatayna Baker

For more information on the Student Incentive & Reward Program please contact
Christina Chagolla
253-876-3370
Or Rebecca Gallogly
253-876-3359

Close Up: National Indian Education Association Program February 7-13, 2010

Early in February (7-13th, 2010), eight students from the Muckleshoot Tribal School and two tribal staff employees attended the Close Up: National Indian Education Association Program (NIEA), in Washington D.C.

This high school program helps students learn and explore the connection between U.S. and Native American history on a national level. The main objective of this program focused on providing students with skills and attitudes to advocate for issues important to them and their tribes. The students examined the federal government and its relationship with Native Americans throughout history.

After long hours of hard work throughout the day and into evening workshops with Close Up staff instructors, the Muckleshoot Tribal School students gave an excellent presentation on alcohol and related issues concerning their tribe to a Senate hearing committee on Capitol Hill. Other tribes from sunny Florida, to northern Alaska presented on pressing concerns such as suicide on the reservations, lack of culture and preserving language

and culture. Many lessons were interwoven and designed to provide hands-on and practical experience through structural learning activities at all key historical sites in Washington D.C. The students visited sites and participated in lessons such as: The National Museum of American Indian, a meeting with members of Congress and Staff, The Senate bills library, and attended seminars on current issues in Indian Country. The week ended with a theater night in the historical Lincoln Theater and a final day tour of various memorials in the D.C. area.

The student comments about the trip were very positive, they felt that they had learned a lot about American Indian/Alaska Native issues and concerns on a nation-wide level and many expressed how much they liked meeting fellow students from other tribes throughout the nation.

Victoria Hildebrand, MTS History Teacher
Will Bill, Dean of Students (Male Chaperone)



James Ross Jr., Robert Simmons, Will Bill and Lana Tsosie Passing through security



Student tribal members of the NIEA/DC Close-Up program pose with Senator Liza Murkowski of Alaska. NIEA presented her with a Pendleton blanket.



Kevin Higgins presents MTS concerns on Alcohol related issues on reservations.



Lana Tsosie, LaTana Baker, Rhea Oldman getting ready for The show at the historical Lincoln Theater.



Robert Simmons Jr., student members, and LaTana Baker at The mock Congress hearing on Capitol Hill.

EXCITING HAPPENINGS AT THE TRIBAL SCHOOL LIBRARY

POETRY WORKSHOPS

The MTS Library and the King County Library System are working together to host two Poetry Workshops in our library...

On Monday, March 29, 2010, a Seattle Slam Poet Roberto Ascalon introduced high school students to several types of poetry with activities that allowed students to compose their own poems during the two hour workshop.

Poetry Alive! Will come and perform the afternoon of Wednesday, May 12th at the Tribal School for Middle and Elementary students. Poetry Alive Actors present verse as theater, transforming poems into scripts and the audience members into fellow actors. The result is a non-stop tour de force of words with a hint of sorrow and a dash of silliness and every emotion in between. Normally 20-25 poems are performed in a program. Each program is designed to account for the grade level of the audience. A complete list of poems featured for all age groups is available on the Poetry Alive! Web site at: www.poetryalive.com



READ 3 GET 1 FREE

Reading has become so exhilarating here. Every day you can see students carrying their books around and reading and book checkout has skyrocketed. I see the results when teachers are tracking how many books students have read. This prompted us to start the "READ 3 GET 1 FREE" program. The students have to give an oral or written book report about each book they have read to their teacher. Then that teacher puts a sticker on a graphing chart for each student. As the students accumulate 3 stickers=3 books, they can choose 1 book from several choices offered from the libraries backroom. The books that they choose are theirs to keep, share, take home and start their own library collection. Remember to have students give their reports to their teacher and get those stickers to collect more books.

I-POD KINDLE

Did you know that if you owned an Apple I-pod, you could get a download to make it into a Kindle Electronic Book Reader? An electronic book reader (e-reader) allows you to download entire books to the device to read right on the screen. I wanted a Kindle I-pod for Christmas and then I realized that there was a program through the App Store on my I-pod. It is called Kindle for I-phone. I searched "kindle" in the App store and it came up to download. You need an email account and an I-tunes account to utilize it. You give credit card or gift card info to be allowed to download free books. I have not purchased even one book yet and I have been using mine since December. Try it out! If you have any questions, call the library and we'll see if we can help.

SCHOLASTIC BOOK FAIR

The MTS Library has scheduled a book fair for April 20-23, 2010. You can come by the library and browse through the choices from 9:00-3:00 on those days. If you want to support your child's classroom, you can purchase a book and then donate it to the classroom library. You can also buy books to donate to the school library too.

LOST BOOKS???

If your student has lost a book from the MTS Library, we can accept another book in replace of the lost item. We want students to use the library and not be limited by lost items. If another book is brought in and given to the library to label and place on the shelves for all to use, the lost item will be declared lost and the students account is refreshed to use again. Please help students become responsible users of library materials. Thank you for your help with this and enjoy reading with your students.

FYI

There has been some misunderstanding. MTS Library is funded and run by the Muckleshoot Tribe for the school. We serve K-12th grade students that are enrolled in our school. The King County Library System is a non-profit PUBLIC library system that has branches throughout King County. We still work with the county library to offer special programs for our students. Recently, the poetry workshops are being collaboratively offered. Thank you KCLS for your cooperation.



Keep up the great work students and parents for reading all those books. The adventures are there for the taking. Open a book and go on a journey!

READING PROGRAM UPDATE

Students Read to Succeed

At Muckleshoot Elementary we now have 26 different small student reading groups in grades K-5. Nine of our groups have already graduated from one reading program to the next!

These students earn a root beer float celebration including a certificate, hand shake honor from our administrators, have their picture taken, and spend some time showing off on campus to their favorite staff. Congratulations!

Our students are not only showing growth academically, but they are also showing their passion for reading. Students are excited about reading and beg teachers, staff, families and myself to read with them.

Happy Reading,

Sadie Pritchard

Please read with your student every night for 20 minutes. This will help students become the most successful readers they can be.

According to our program placement data, our students have shown a 43% increase in the number of students reading on grade level since the beginning of the year. Thank you to all of the parents, staff and community members who make this possible for our students!

Our state testing begins on May 12th. Students and staff are busy preparing for the exam. Please add these dates to your calendar as students will be able to earn prizes and incentives during testing.

FACT: The new Muckleshoot Tribal School has shown a 43% increase in the number of students reading at grade level since the beginning of the school year.



Jarret Hannigan



Marcus Marquard



Eric Hungary



Taneesha Marquard



Matthew Thompson



PHOTO BY JOHN LOFTUS

Honoring Our Students

Congratulations to our elementary students at Muckleshoot Tribal School who had Perfect Attendance in the month of February!

- | | |
|--------------------------|--------------------|
| Taeshawn Johnson Bethley | Xzavier White |
| Trinity Lenanan | Terron Galicia |
| Riley Margullis | Dominic Jansen |
| Lillianna Ramirez | Katelyn Panganiban |
| Ayana Rodriguez | Carla Thompson |
| Wayne Thomas | Darina Louie |
| Nathon Ward | Charlize Moses |
| Kaylee White Eagle | Erika Ramirez |
| Briana Arvizu | Hadrian Ramirez |
| Joshua Canales | Matthew Thompson |
| Cody Foreman | Dylan Self |
| Elijah Lobehan | Cissie Slockish |
| Marcus Marquard | Jacob Jansen |

I would like to congratulate the following students were recognized as Students of the month, for the month of February.

- | | |
|-------------------------|-----------------|
| Kendra Kahama | Kathleen Platt |
| Megan Yellowboy | Charlie Lobehan |
| William Russell-Leonard | Ryan Thompson |
| Andrea Perez | Charlize Moses |
| Ayana Rodriguez | Simone Daniels |

March Family Fun Night was an exciting time of families being together, sharing a meal and playing board games. We also had a Pre-K Literacy activity for those who will be entering Kindergarten next year. A big thank you to our advocacy team and Head Start staff for putting this together. It was a great success. Looking forward to seeing everybody at the next Family Fun Night scheduled for April 21, 2010.



Cortney has so much Team Spirit for the New Tribal School KINGS!
Go Cortney!

Best Wishes after Graduation,
Tammy Smith



James Cross Jr. and Sylvia Agaton design NWIYC 2010 logo

Muckleshoot recently hosted the 35th annual Northwest Indian Youth Conference, which was held April 7-10 at the SeaTac Doubletree Inn. It was a HUGE event – watch for full coverage in next month’s edition!

The logo you see above was the “brand” for the conference, appearing all conference documents, wall posters, give away items, t-shirts and sweatshirts. Two Muckleshoot youth – James Cross Jr. and Sylvia Agaton – were responsible for its design. Here’s the story behind it:

In late 2009, students in Georgina Badoni’s art class were invited to submit their art to be considered for selection as the NWIYC 2010 conference logo. Sarah Dogeagle, a member of the Conference planning committee worked with the students explaining how their art would be used if it was selected.

Once submissions were made, the Muckleshoot youth who attend the Drop-In Center, the Youth Center and the Muckleshoot Tribal School voted on the three choices and selected the collaborative work of James Cross Jr. and Sylvia Agaton as the conference logo.

James and Sylvia were recognized at the conference for their artistic contribution and received a beautiful framed piece of their work and a sweatshirt that displayed their art. Congratulations James and Sylvia!



MTS KINGS VOLLEYBALL SEASON KICKS OFF APRIL 21

MTS is starting up another season next week! The middle school girls volleyball team will be hosting their first contest on Wednesday, April 21st against Thunder Mountain at 3:30.

Middle School Volleyball (Girls) 2009-2010

Day	Date	Opponent	Place	Dismiss	Depart	Time
Wednesday	Apr. 21	Thunder Mountain Middle School	Muckleshoot Gymnasium			3:30PM
Thursday	Apr. 22	@ Enumclaw Middle School	Enumclaw	2:15PM	2:30PM	3:30PM
Tuesday	Apr. 27	@ Sumner Middle School	Sumner High School	2:15PM	2:30PM	3:30PM
Thursday	Apr. 29	Orting Middle School	Muckleshoot Gymnasium			3:30PM
Tuesday	May. 04	@ Thunder Mountain Middle School	Thunder Mtn MS	2:15PM	2:30PM	3:30PM
Thursday	May. 06	Enumclaw Middle School	Muckleshoot Gymnasium			3:30PM
Tuesday	May. 11	@ Lakeridge Middle School	Lakeridge ME	2:15PM	2:30PM	3:30PM
Thursday	May. 13	Mountain View Middle School	Muckleshoot Gymnasium			3:30PM
Monday	May. 17	@ Glacier Middle School	Enumclaw	2:15PM	2:30PM	3:30PM

Assistant: Coheley, Gina

Head: James, MaryAnne

Clamming at Vashon

PHOTOS BY JOHN LOFTUS



Vashon Clam Digging Open & Oyster Permits Available

The Muckleshoot Fisheries Division is pleased to announce that the Tribe's Vashon Island tidelands are OPEN for Clam Digging and Oyster Harvest Permits are now available at the Fisheries Office.

Fisheries staff routinely sample the clams and oysters at the tidelands and analysis by the Washington State Department of Health has shown that the level of the toxin that causes paralytic shellfish poisoning – also known as red tide – is within acceptable limits, allowing harvest of all bivalve species at the beach.

To harvest oysters, Tribal members – 18 years or older – must first obtain an Oyster Harvest Permit from the Fisheries Office in the Philip Starr Building. Each permit allows the subsistence harvest of 60 oysters on three separate occasions – no commercial harvest is allowed. After using the Oyster Permit for three days of harvest, the permit holder must return it to the Fisheries office for another permit to be issued. This allows MIT Fisheries to monitor and keep an up-to-date inventory of the oyster resource at the tidelands.

For individuals who cannot walk the 1/4-mile trail down to the Tribe's beach, special oyster requests from Tribal Elders and disabled Tribal members can be made at the Fisheries office.

The natural populations of butter clams, little-neck steamers, cockles, and horse clams at the tidelands are in good condition, see the accompanying harvest information or contact Andy Dalton (253-876-3131) about harvesting opportunities. Please remember to always check the hotline (1-800-FISH-NOW) in the morning before going clam digging.

Things You Should Know About Clam Digging

1. Beware: You can get sick from clams harvested at Adelaide Beach, Alki Beach, Redondo, Lincoln Park, Salt Water State Park and all other beaches between Seattle and Tacoma. They are all potentially polluted and are closed by the Department of Health.
2. Tribal members can dig clams at the Tribe's property on Vashon Island. There are lots of butter clams and some steamers, horse clams and cockles at the beach. Directions are provided at the end of this list.
3. Fisheries staff will be routinely testing the clams at the Vashon beach for "red tide" to insure the clams are safe to eat. Always check on the Fish Hotline (1-800-FISH-NOW) for results to see if the Vashon tidelands are open.
4. The Vashon tidelands are rocky and digging clams is more difficult than at sandy beaches. A clam shovel works well and some folks use a garden fork, but small clam rakes do not work very well.
5. If you want to go to the property by personal boat, the Fisheries Division will provide you with a chart to locate the tidelands and a good place to anchor or beach your boat.
6. The driveway at the property has a locked gate so call the Fisheries Division: 253-876-3131 to get the combination to the locked gate and updated red tide results.
7. Check the ferry schedule that is printed here with the tide charts. There is a fee for the ferry from Fauntleroy (West Seattle) to Vashon.
8. Fisheries staff will also be organizing clam-digging trips to Vashon Island for tribal members who would like to visit the property for a half-day outing, call Andy at the Fisheries Division, if you may be interested.
9. There are various shellfish enhancement projects going on at the Tribe's tidelands. Do not harvest any of the shellfish in areas marked with RED markers.
10. Oysters can be harvested from the area marked with GREEN buoys and only with an Oyster Harvest Permit, which are available from the Fisheries office.

CLAM DIGGING TIDES - VASHON ISLAND April -May 2010

Day	Date	Time to Dig	Low Tide level & time
Friday	April 16th	11:30 am – 2:30 pm	-1.4 ft @ 12:54 pm
Saturday	April 17th	12:00 pm – 3:00 pm	-1.7 ft @ 1:34 pm
Sunday	April 18th	12:30 pm – 4:00 pm	-1.7 ft @ 2:19 pm
Monday	April 19th	1:30 pm – 4:30 pm	-1.5 ft @ 3:09 pm
Tuesday	April 27th	9:30 am – 12:00 pm	-1.1 ft @ 10:52 am
Wednesday	April 28th	10:00 am – 1:00 pm	-2.0 ft @ 11:31 am
Thursday	April 29th	10:30 am – 2:00 pm	-2.4 ft @ 12:10 pm
Friday	April 30th	11:00 am – 2:30 pm	-2.4 ft @ 12:50 pm
Saturday	May 1st	12:00 pm – 3:00 pm	-2.0 ft @ 1:32 pm
Sunday	May 2nd	1:00 pm – 3:30 pm	-1.4 ft @ 2:15 pm
Thursday	May 13th	9:30 am – 1:00 pm	-1.7 ft @ 11:12 am
Friday	May 14th	10:00 am – 2:00 pm	-2.4 ft @ 11:49 am
Saturday	May 15th	10:30 am – 2:30 pm	-2.8 ft @ 12:29 pm
Sunday	May 16th	11:00 am – 3:00 pm	-2.9 ft @ 1:13 pm
Monday	May 17th	12:00 pm – 4:00 pm	-2.7 ft @ 2:00 pm
Tuesday	May 18th	1:00 pm – 4:30 pm	-2.1 ft @ 2:49 pm

Fauntleroy (West Seattle) / Vashon

Crossing Time: Approximately 20 minutes (45 minutes via Southworth)

Monday through Friday Leave Fauntleroy				Saturday and Sunday Leave Fauntleroy			
5:20	10:40	4:00	8:55	5:20	11:45	4:00	8:00
5:50	11:40	4:40	9:20	6:05	12:20	4:20	9:20
6:10	11:55	5:00	10:20	6:55	12:50	4:40	10:20
6:45	12:20	5:40	11:40	7:35	1:20	5:10	11:40
7:05	12:55	6:00	12:55	8:35	1:40	5:40	12:55
8:25	1:20	6:30	2:10	9:15	2:00	6:20	2:10
9:05	1:40	7:05		10:10	2:20	6:40	
9:25	2:45	7:35		10:45	3:00	7:20	
10:20	3:05	8:05		11:10	3:20	7:40	
Leave Vashon				Leave Vashon			
4:05	8:15	12:50	7:40	4:50	10:40	2:45	6:55
4:50	8:40	1:50	8:30	5:35	11:15	3:30	7:10
5:20	9:00	2:20	8:50	6:25	11:50	3:50	7:30
5:45	9:40	3:25	9:55	7:10	12:20	4:10	8:50
6:20	10:10	4:30	10:45	8:00	12:50	4:45	9:55
6:40	10:30	5:10	12:05	8:40	1:15	5:10	10:45
7:00	11:30	5:30	1:20	9:20	1:30	5:35	12:05
7:15	11:55	6:30		9:40	1:50	5:50	1:20
7:55	12:25	6:55		10:20	2:30	6:10	

● Via Southworth.
▲ Loads foot passengers only.

● Via Southworth.
▲ Saturday only.
■ Sunday only.

Note: Vehicle load limits may be in effect on multiple destination sailings.



PHOTO BY JOHN LOFTUS

MUCKLESHOOT INDIAN TRIBE

Fisheries Division

39015 - 172nd Avenue SE • Auburn, Washington 98092-9763
Phone: (253) 939-3311 • Fax: (253) 931-0752
HARVEST MANAGEMENT

NOTICE TO FISHERS – 2010 FISHING SEASON FISHER REGISTRATION

The fisher services desk will be issuing 2010 fisher ID validation stickers for the 2010 fishing season beginning April 1st.

Fishers, who in previous years have sold to buyers who do not collect fish tax, and who have not paid the tax themselves, will have to do so before they can register for the 2010 fishing season. Notices have been sent by mail to those who owe fish tax.

All fishers are responsible to know if there are any court-ordered restrictions on their eligibility to register (unpaid fines or suspension of fishing privileges).

Muckleshoot's Keta Creek Fishing Derbies

The Keta Creek Fishing Derbies are a summer time family oriented events for Tribal Members and their families. These Tribally funded trout fishing opportunities include breakfast, lunch, snacks, fun and games for all ages. Bait, fishing tackle, ice, and fish sacks provided. Scheduling of games, contests, and other events will be added when possible, or deleted when necessary. Please direct questions, comments, or suggestions to Gail Larsen at (253) 876-3178.

Date/Time	Event
June 19, 2010 8:30-2pm	KIDS DERBY — this is for kids 12 and under. Fishing prizes for kids and door prizes for adults.
August 14, 2010 8:30-2pm	FAMILY DERBY —All ages fishing. Family oriented prizes, and door prizes for adults.
Sept. 25, 2010 8:30-2pm	FALL CLASSIC — All ages fishing. Family oriented prizes, and door prizes for adults.



MUCKLESHOOT WELLNESS CENTER



STARTS APRIL 19TH!!

. 8 Weeks Long

- . You will be placed on a Team: **Team Red**—Team Black—**Team Yellow**
- . Awesome prizes given out for 8 different categories!!!!
 - Biggest team %weight lost at week 4 and 8
 - Highest % weight lost, male & female
 - Most inches lost, male & female
 - Biggest change in body fat %, male & female
- . Must be 15 and older & a member of the Muckleshoot Wellness Center
- . Sign up at the Wellness Center Today or Call 253-333-3616

Annual Virginia Cross Birthday Celebration and Family Reunion scheduled for June 12

The Annual Birthday Celebration and Family Reunion for our Mother, Sister, Auntie, Grandmother and friend, Virginia Cross, will be held on Saturday, June 12, from 4:00 PM to dusk. The location has changed slightly this year: It will be held at Game Farm Park, *not* Game Farm Wilderness Park. This is the park with the ballfields, not the one on the other side of the river. Do not go over bridge this time! We will be at the big picnic shelter! Potluck style! Please come and join us all together to share happiness and laughter! And some good food! Mark your calendars and save the date!



Women's Cancer Survivors Meeting

EVERY TUESDAY

6:30 to 7:30 PM

RIVER ROOM

Muckleshoot Health & Wellness Center

All women welcome.
For information call the
Wellness Center

253-939-6648



Muckleshoot Physical Therapy

Myths and Facts

Myth	Fact
<ul style="list-style-type: none"> • You must have a bad injury to get P.T. • Therapy is painful • Does not help with pain • It is too physical 	<p>Therapy helps with:</p> <ul style="list-style-type: none"> • Chronic Pain • Injury prevention • Sports injury • Mobility • Joint Pain

Located at the Muckleshoot Health and Wellness Center

Open Monday-Friday 9am-4pm
Closed 12-1pm

Call us at 253.333.3620
to learn how P.T. may be able to help you!



Notice:

In an effort to better serve you better, we are making some changes to the walk-in clinic and medication refill guidelines. These changes took affect *Dec. 15th, 2008* and include:

- Walk-in Clinic at 1 pm M-F will be seen based on medical need—not on a first come, first serve basis.
- Patients presenting for walk-in will be checked on their Registration status. If necessary, you will need to update your application.
- The walk-in clinic will no longer be used for pain medication refills. Please see your provider for refills.
- Lost or stolen narcotics will no longer be refilled.

Thank you in advance for your cooperation as we continue to look for ways to improve our services for you and your family.

Having a problem with pain pills? Does your life revolve around pills?

If pills control you instead of you controlling the pills.....
Suboxone (Sub-ox-own) referrals and treatment now available
@ HWC!

Help for prescription pain medication dependence is now being offered through the Health and Wellness Center. Suboxone is also used in the treatment of other opiate-based or synthetic opiate drug dependence. These drugs include: Oxycodone/Oxycontin, Hydrocodone, Vicodin, Heroin, and Morphine.

SUBOXONE is the first opioid medication approved under Drug Addiction Treatment Act (DATA) 2000 for the treatment of opioid dependence in an office-based setting. The primary active ingredient in SUBOXONE is buprenorphine.

SUBOXONE at the appropriate dose can:

- Reduce illicit opioid use
- Help patients stay in treatment
- Suppress symptoms of withdrawal
- Decrease cravings for opioids

The Health and Wellness Center has a medical provider licensed to prescribe suboxone.

For more information please contact Behavioral Health
at
(253) 804-8752

Health & Wellness Center Program Hours

	Pharmacy	Wellness Center
Monday	8-5 pm	8am-8 pm
Tuesday	8-5 pm	8am-8 pm
Wednesday	9-5 pm	9am-8 pm
Thursday	8-5 pm	8am-8 pm
Friday	8-5 pm	8am-7 pm
Saturday		10 am-2 pm
Sunday	All Programs Closed	

Program Name	Phone No.	Closed-Lunch
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health (Mental Health & Chemical Dep)	(253) 804-8752	Open
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHRs	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 939-6648	12:00-1:00
Pharmacy	(253) 333-3618	Open
Physical/Massage/Acupuncture	(253) 333-3620	12:00-1:00
Recovery House	(253) 333-3629	Open
Wellness Center	(253) 333-3616	Open
WIC Thurs Only	(253) 939-6648	12:00-1:00

Health & Wellness Center Program Closures for May & June 2010

Day	Date	Times Closed	Reason for Closure
Friday	April 16 th	All Day	Holiday -MIT Sovereignty Recognition Day
Thursday	May 6 th	8-9:30	Monthly All Staff Meeting
Thursday	May 13 th	Limited Services Conference @ HWC.	HWC LoL Live! One Day
		Pharmacy & CHS Office services this day.	
Monday	May 31 st	All Day	Holiday -Memorial Day
Thursday	June 3 rd	8-9:30	Monthly All Staff Meeting

ARE YOU IN TREATMENT & RECOVERY FOR CHEMICAL DEPENDENCY?

ACUPUNCTURE CAN HELP YOUR OTHER TREATMENTS WORK EVEN BETTER.

IF YOU HAVE PROBLEMS LIKE THESE:

- ANXIETY
- INSOMNIA
- CRAVINGS
- DEPRESSION
- LOW ENERGY
- POOR MEMORY



GIVE ACUPUNCTURE A TRY. IT IS RELAXING AND PAINLESS.

Hours: Tuesday & Wednesday 8am – 5pm
Physical Therapy Department/Health & Wellness Center

(253) 333-3620

Healthy Bites

Top 10 Tips for Successful Healthy, Mindful Eating:

1. Drink a glass of water before each meal and plenty throughout the day
2. Eat within 2 hours of waking up, don't skip breakfast
3. Eat small meals and snacks throughout the day
4. Take mini-breaks every hour to get up and move
5. Never eat in the car or in front of the TV
6. Keep plenty of fruits and vegetables around for snacks; wash and bag them to take on-the-go
7. Assess hunger before you eat anything
8. Don't schedule activities that interrupt mealtime, it will just be more tempting to eat on the go
9. Eat slowly, it takes 20 minutes to realize you are full
10. Don't keep food visible, besides fruits or vegetables this will reduce snacking when you are not hungry



Call for more information and a laminated pocket guide - Muckleshoot Health Wellness Contacts:

Colleen Crossett, Registered Dietitian
Brent Grider, Health Education Specialist
253-939-6648

“Your Suggestions Count”

The Muckleshoot Health & Wellness Center offers “suggestion boxes” where guests can fill out forms to share thoughts, comments or suggestions. The purpose of these forms is to help us improve the quality of services offered to the community. These forms are not “incident reports”, but rather confidential and private opportunities to share your thoughts on what we are doing well or on ways we might improve.

The suggestion boxes are located in each reception area and the main lobby of the building. The feedback forms are located next to the boxes. The boxes are checked at least twice a month by the Facilities Secretary and then delivered directly and confidentially to the appropriate department manager. Suggestions are then discussed privately at Quality Improvement committee meetings.

If possible, please provide contact information on the suggestion form so the appropriate manager can contact you to address your particular suggestion or area of concern. Again, this would be a confidential and private conversation.

We want to hear from you. Please take a moment to stop by the Health & Wellness Center and fill out a suggestion form today. Your thoughts matter!

Thank you

The Optical Department at the HWC!



The eyeglass benefits are the same as they've always been. One comprehensive eye exam once every 12 months. New lenses once every 12 months. Adults eyeglass frames once every 2 years/children 2 per year.

If you are not eligible for the frame allowance, you will be allowed to purchase the frames at a very reasonable price. (Believe me there is a significant mark up when you buy frames in town/private practice!). No eyeglass benefits will be approved outside of the MHWC optical department. We are also offering contact lenses and necessary supplies for contacts.

The Optical Department is a Tribally-owned business. Patients must meet CHS eligibility requirements to get optical services. CHS eligible patients will need to obtain a PO from the CHS office before getting optical services.

For more information, please contact the CHS Office – (253) 939-6648. Optical Department open regular HWC business hours.

Grief is painful and at times the pain seems unbearable, now is the time to seek support!

Grief and Loss Support Group

with Dr. Sarlak
@ the Muckleshoot Health & Wellness
Behavioral Health Program
Every Thursday
5:00 pm – 6:30pm

Open for everyone,
please call
Muckleshoot BHP for further questions.

253-804-8752

Help in Quitting Smoking!



The Muckleshoot Health & Wellness Center uses and endorses the Washington State Quitline to assist in stopping smoking.

Call 1-800-QUITNOW for free and effective help in quitting smoking.

CONTRACT HEALTH SERVICE (CHS) NOTIFICATION REQUIREMENTS

CHS OFFICE (253) 939-6648

1. Notify CHS office before any non-emergent services are rendered to determine patient eligibility, medical priority and to set aside funds for payment. Pre-authorization is mandatory and failure to comply is reason for denial of payment for claim(s).
2. In true medical emergencies, notify the CHS office within seventy two (72) hours of start of services. Failure to comply is reason for denial of payment of claim(s).
3. Prior notification does not guarantee CHS pay for services, unless all other CHS requirements are met. There are some services CHS can not cover.

ALTERNATE RESOURCE REQUIREMENTS:

Muckleshoot CHS is a residual resource and not an entitlement program. In addition to CHS, other resources for health care are available from various state, and federal programs, as well as individual and group health insurance policies. By federal law, CHS must ensure that all resources, where and when applicable, are utilized before CHS can assume financial responsibility for your care.

This means that CHS will not be authorized if you are eligible or would be eligible upon making an application for an alternate resource such as: Medicare (over age 65 or disabled at any age), Medicaid (medical coupons), crippled children or have private insurance etc. Failure to comply with a CHS office referral to an alternate resource will terminate your CHS coverage. You are required to use these benefits as your first source of payment of your medical-related costs.

The CHS office is required, as per IHS Federal Rules and Regulations, which requires all CHS denials to patients be sent by certified mail to the address on file.

BEHAVIOR HEALTH PROGRAM ANNOUNCEMENT:

The Behavioral Health reception window is now open throughout the lunch hour (12:00 to 1:00 pm) so that we will be better able to serve our clients and the community. Please feel free to stop by to schedule appointments and to drop off/pick up paperwork. If you have any questions, please call us at: (253) 804-8752

MUCKLESHOOT HEALTH & WELLNESS CENTER
&
THE MUCKLESHOOT CASINO
PRESENTS...



2010 LOL ANNUAL HWC CONFERENCE
at the Health & Wellness Center
THURSDAY May 13th
9:00am - 3:30pm
Great classes and topics!!
Delicious Catered Luau Lunch
For Tribal Community Members
Ages 13 and up!!
Pre-registration starts April 19th

Please Contact Kristen Bell with any questions
@ 253-333-3616 or
kristen.bell@muckleshoot-health.com

Featuring Performances By...



Special stand up comedian to be announced

Sponsored by the Muckleshoot Casino and Problem Gambling Awareness

Muckleshoot Wellness Center presents
The Salmon Survivor



**April 26, 2010
6 pm**

Can you Survive the Journey?

The journey will begin April 26th and will continue every Monday and Wednesday for 5-weeks. The journey will be 10 challenges (Fun & Entertaining) that will test your skills as you make your way back to the Tribe.

When: Monday & Wednesday 6 pm
Where: Wellness Center Pool
Who: All Wellness Members, all skill levels welcome
Every Participant will receive incentives and prizes for participation.

For more information or registration, please contact Al Frank @ 253-333-3616 or email Alfred.frank@muckleshoot-health.com



DOES THE DAMP & COLD WEATHER GIVE YOU ACHEY, PAINFUL JOINTS AND MUSCLES?

THIS IS A GOOD TIME FOR ACUPUNCTURE & THE WARMING, NOURISHING EFFECTS OF ORIENTAL MEDICINE TREATMENTS

TRY ACUPUNCTURE FOR THE FIRST TIME, OR IF YOU HAVEN'T VISITED FOR AWHILE

CALL FOR AN APPOINTMENT TODAY
(253) 333-3620



Physical Therapy Department
At the Health & Wellness Center

Tuesdays & Wednesdays
8:00am to 5:00pm

Massage Therapy
30 min. appointments

*Two 30 minute massage appointments
Now Available Daily!!!

*Same day appointments often available!

*Great for stress relief

*All eligible members welcome

Muckleshoot Massage Therapy
Mon - Friday 8am - 5pm
Closed 12 - 1 daily for lunch
253-333-3620

Youth Family Planning Resources

The following area services are available for teens and youth:

Teen Clinic at Auburn Public Health
Location: 20 Auburn Ave. (at 1st & B St.), Auburn, WA 98002 (across from the hospital)
Phone: (253) 833-8352

Times: Walk-in Clinic is on Tuesdays from 1-5 pm (check-in begins at 12:30). Patients are seen on a first come, first serve basis. For any other days or times, call ahead for same day or next day appointments.

Cost: Low cost or free. You may be eligible for some free insurance called *Take Charge*. Medical coupons are also accepted.

Services: birth control, family planning, STD checks, pregnancy testing, HIV testing, Pap test & annual exam, counseling, etc. Services are available for youth through age 21. Most teens receive free family planning through the *Take Charge* program.

***All services are confidential. Parental consent is not required.*
Transportation: Busses—152, 154, 180, 181, 915, 917, 919, 564, 565

Cedar River Clinics
The above services are also available through the Cedar River Clinics.

Locations:
4300 Talbot Rd. S. #403, Renton, WA 98055
1401-A Martin Luther King Jr. Way, Tacoma, WA 98405
Phone: 1(800) 572-4223 or (425) 255-0471

Online: www.CedarRiverClinics.org

Email: outreach@CedarRiverClinics.org

Birth Control Comparison Information: www.Birth-Control-Comparison.info

Sex Education Information Online: www.sexetc.org (a web site by teens for teens); www.iwannaknow.org (answers to questions about teen sexual health); www.scarleteen.com (sex education information)

***All services private and confidential*

Kent Teen Clinic
Location: 613 W. Gowe St., Kent, WA 98032
Phone: (206) 296-7450

*Serves youth through age 20
***All services private and confidential*

Notice to All CHS Eligible Patients

If you received a PO from the CHS office and now you are receiving a medical bill or statement, please bring them to the CHS office for review. This will ensure timely payment to your provider.

As always, you must obtain a PO # prior to your medical appointment and call us if you cancel or reschedule your appointment.

CHS Office Hours:
Monday – Friday, 8am – 5pm
Closed for Lunch 12pm – 1pm
Phone: 253-939-6648

Important Phone Numbers


Emergency - 911

NON EMERGENCY- 206 296 3311-
If you need the on duty deputy to call or contact you.

KCSO/MITPD Office -253 876 3246- Administrative questions

Silent Witness- 253 876 2850 – Anonymous tip line

New Beginnings Program



"Take the Journey to a Better You"

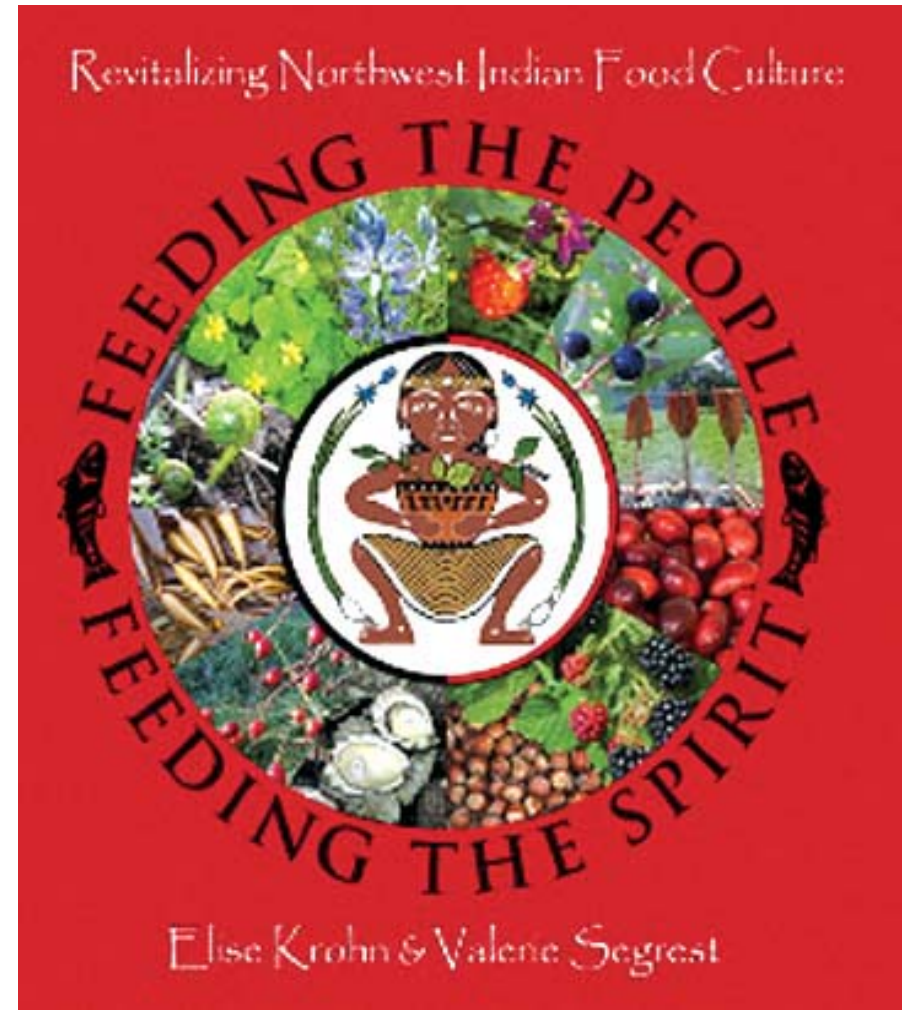
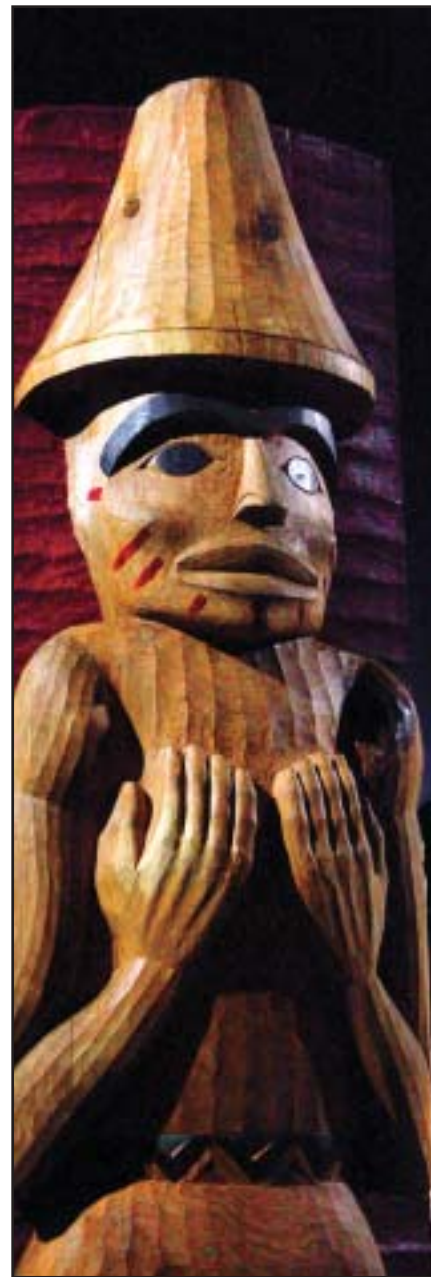
"Our program gives you the tools you need to help you make the permanent changes you always have wanted. It is time for you to start your NEW BEGINNING!"

Signing members up now!!

New Beginnings is a healthy lifestyles program which features a holistic individual approach to fitness, nutrition, behavioral health, and medical supervision.

- 48 week program geared towards achieving a healthier weight and lifestyle
- Conveniently run at the Muckleshoot Health & Wellness Center
- Complimentary service for Muckleshoot and registered CHS natives
- All necessary tools provided for success
- Special medical needs considered

Please contact Patrick Raney at the Wellness Center with any questions and to sign up!
patrick.raney@muckleshoot-health.com or 253-333-3616



HEALTHY EATING. Muckleshoot tribal member Valerie Segrest has published a new book on bringing traditional foods back into the Native American diet. The book, co-authored with Olympia plant expert Elise Krohn, is entitled *Feeding the People, Feeding the Spirit: Revitalizing Northwest Indian Food Culture*. Segrest, a graduate of Northwest Indian College, is the daughter of Senior Center manager Wendy Burdette and works as a nutritionist at the Muckleshoot Tribal School.

Sherman Alexie wins 2010 Pen/Faulkner fiction prize for "War Dances"

By Jacqueline Trescott, *Washington Post*

"War Dances" by novelist Sherman Alexie has won the 2010 PEN/Faulkner Award for Fiction, the organizers announced Tuesday, March 23.

The prestigious annual award, presented by the Washington-based PEN/Faulkner Foundation, was given to Alexie because of his book's breadth of topics and innovative style, judges said. "War Dances" consists of short stories interspersed with poems.

"That book was the one we all liked immediately," said Kyoko Mori, one of the three judges. "There was something special about the range of characters. It was like watching a dance. I liked how some of the characters were unlikable but compelling."

Alexie was still absorbing the news Tuesday.

"It's so cool. You just look at the list of people who've won and it is legendary," he said. "Just having that status was incredible."

He acknowledged that the book's format is unusual. After publishing the young adult novel "The Absolutely True Diary of a Part-Time Indian" in 2007, "I wanted to write a book that was a reverse of that," Alexie said. "I wanted to do a weird book and reestablish my independent, small-press roots."

Alexie, 43, likened his writing process to "mixing an old-school music cassette."

"When you construct a mix tape, the first song you come out with has to be a barnburner," he said. "You come out with Marvin Gaye."

Mori, a Washington-based writer, thought the juxtaposition of forms in "War Dances" made it rise above the other entries – about 350 novels and short story collections this year. "I usually don't like books that combine prose and poetry," she said.

"But here the poetry was like listening to an interlude and got you ready for the next story."

Al Young, another judge and the former poet laureate of California, praised the gumbo of story lines. "'War Dances' taps every vein and nerve, every tissue,



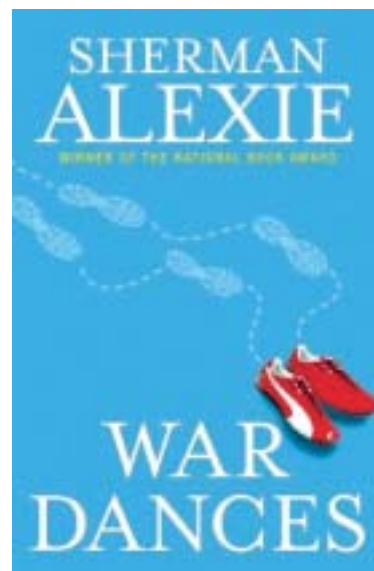
every issue that quickens the current blood-pulse: parenthood, divorce, broken links, sex, gender and racial conflict, substance abuse, medical neglect, 9/11, Office Narrative vs. What Really Happened," Young said in a statement.

Alexie, who lives in Seattle, won a National Book Award for Young People's Literature in 2007 and this week, the Lifetime Achievement Award of the Native Writers' Circle of the Americas.

He is a Spokane/Coeur d'Alene Indian who grew up on a reservation 50 miles northwest of Spokane. Severely ill as a child, he overcame his conditions and set out for a life of reading and writing. In high school he was the only Native American and became a scholar-athlete, later writing about those experiences in "True Diary."

Many of Alexie's works have been honored, including a story collection, "The Lone Ranger and Tonto Fistfight in Heaven," which was a PEN/Hemingway Award winner for best first book of fiction. The attention led to a film, "Smoke Signals," which won two awards at the 1998 Sundance Film Festival.

Alexie, who receives \$15,000 for the PEN/Faulkner honor, will be saluted May 8 on the 30th anniversary of the program.



Senior Men's Fishing Trip on the Columbia

On a recent fishing trip to the Columbia River, J-R Hamilton does one up on his dad Phil with this 22-pounder. Earlier in the week with seniors, Phil caught a 19-pounder. All together they came home with 4 fish for 3 days. The seniors this day were, Dwayne Ross Sr, Marvin Ross, Mike Starr, Pete Jerry, and my self. My boy J-R joined us to cheer us on. – *Phil Hamilton*



The Muckleshoot Monthly

Celebrating 10 Years of Service To the Muckleshoot Community!

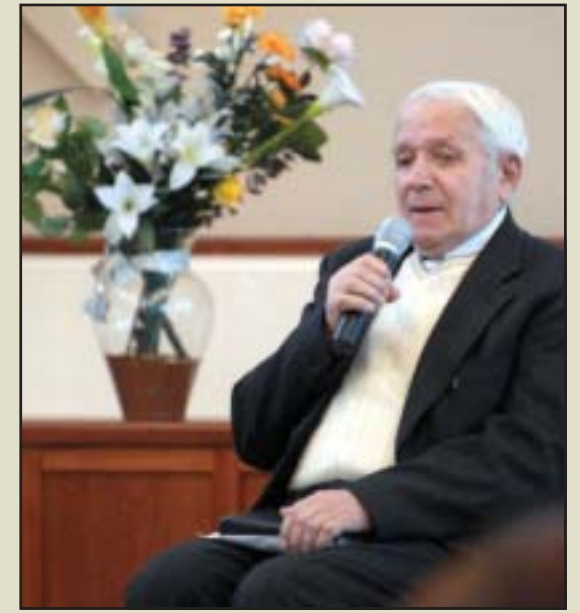
Federal Way Slavic Church visits MPC

STORY AND PHOTOS BY MARGARET BURNETT

On March 14, the Gospel Slavic Church from Federal Way came to the Pentecostal Church for what could be the first of many special services. They presented a singing group and band made up of some of the younger members of the church, a men's singing group, and a teen drama.

One of the highlights was an interview with an elderly man who had been imprisoned in the former Soviet Union for many years and subjected to hard labor simply because he was a Christian. Many died because of the harsh conditions, but God protected him, brought him out alive, and is now blessing him in his last years with the complete religious freedom that we enjoy in the United States.

There was also a short message by a dynamic evangelist. The service was followed by an abundant lunch with some traditional Slavic foods. The Slavic Gospel Church has scheduled their next trip to the Pentecostal Church for May 16, so plan to come and join us.



Muckleshoot Pentecostal Church
Kenny Williams, Pastor

SCHEDULE

Sunday	10:00 AM	Prayer
	10:30 AM	Breakfast
	11:00 AM	Church Service
	12:00 Noon	Share (Potluck) Meal
	2:00 PM	Church Services/Classes
Tuesday	12:00 Noon	Prayer Meeting
Wednesday	7:00 PM	Bible Study
Thursday	12:00 Noon	Support Group Meeting
Thursday	7:00 PM	Spanish (language) Church
Friday	7:00 PM	Prayer Meeting
3rd Saturday	10:00 AM	Prayer Meeting

MIT SOLID WASTE COLLECTION PROGRAM

Hours of Operation:

The Public Works operate a Solid Waste Collection Station located at 40320 Auburn / Enumclaw Rd., (Entrance from So. 400th Street)

Monday- Friday: 8:00 AM - 3:30 PM
Saturday-Sunday: 1:00 PM - 5:00 PM
Holidays Closed

Policy:

- The facilities are free and restricted to all MIT Tribal members use only. (No exceptions.)
- No commercial vendor or contractor shall use this facility for commercial waste.
- All waste shall be put in the specific designated locations or bins. Repeat violators may be barred from further use of the facility.
- All members shall keep the ground clean at all times. Report any spills to the office immediately.

Housing Tenants:

All Housing tenants must request dumpster service through MIT Housing Department. Please call 253-833-7616.

How to Request a Dumpster:

Members who are either home owners / renters can request dumpsters to be delivered to their site for a special cleaning project. Members are required to come in to the Public Works office during the business hours to fill out a Work Request form after obtaining approval from the Housing Department. Dumpster size ranges from 3, 5 and 8 cubic yards. Larger size is available upon special request.

No mixed waste shall be allowed in each dumpster. Yard waste, garbage, appliances and electronic items shall not be put in the same dumpster. Members with mixed waste are requested to bring their items to the Public Works Collection Station.

Property / Site Clean up:

Code Enforcement may require the land owner to clean up their property. Dumpster can be requested to be delivered to facilitate the project. Please call the PW office to request a dumpster for the project. For salvage vehicles removal, please call Planning Dept. Lenny Sneatlum at 253-876-3324.

Demolition Projects:

Should a home or any structure / trailer needs to be demolished, please first obtain a demolition permit from the Planning Department and then bring the permit to the Public Works Department to arrange the work to be performed.

What can you bring to the Collection Station?

- Yard Waste
- General Household garbage
- Tires, small engine, batteries
- TV, computer and other electronic items
- Major appliances
- Waste oils and paints

All items above shall be put in separate designated area and dumpsters. DO NOT mix the above listed waste.

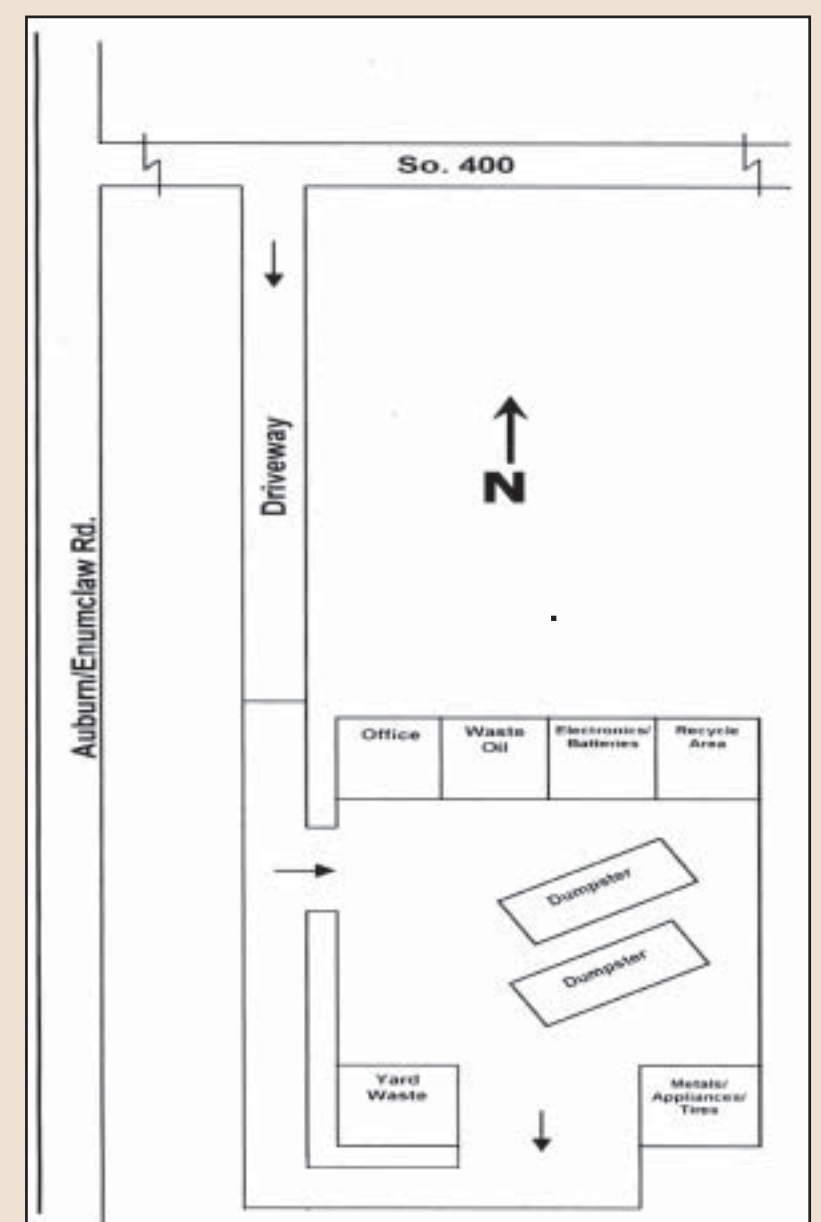
Any questions regarding the use of the facilities or services, please call the Public Works Office at 253-876-3281 between 7 AM to 4 PM. (M-F).

Notes:

- A new recycle area is designated to collect recyclable waste such as newspaper, card boxes, bottles and cans.
- The Collection Station is monitored by surveillance cameras. Any violators may be cited for penalties as allowed by the MIT Codes.

All tribal members requesting dumpster delivery and pickup should call 253-876-2911.

Please leave a message with your name, address and size of dumpster if no one is answering the phone.



VETERANS CORNER

by Sonny Bargala

The Memorial Day Dinner will be Monday, May 31, 2010 at the Pentecostal Church. Flyers will be posted with more specific time information as the dinner approaches. The Veterans Committee decided to have a dinner menu similar to the Fish Dinner so there will be plenty of seafood.

We have had the Memorial Day Dinner annually for many years now. We hold it as a community dinner to recognize the sacrifice of our modern day warriors that gave their lives in defense of our nation.

Veterans, please mark your calendars for the third Saturday of each month. This is the day for our Veterans Brunch at the Muckleshoot Casino. Most brunches are held in the Chinook Room and the brunch starts at 9 am. All veteran activities are designed as family affairs.

If you are an employee of the Muckleshoot Indian Tribe who is a veteran, working for any of its many divisions, you are invited also.

The Veterans Committee has its regular meeting on the 1st Wednesday of each month. If you would like to attend the meeting, you are invited to do so. The committee provides lunch as the meeting occurs at noon.

The best way to contact Sonny B is via email. His address is: sonny.bargala@muckleshoot.nsn.us; however, you can call his office at (253) 876-3295 also; and, if he is not there, leave a message. He has been known to sometimes return phone calls.

It took me about 10 days to recover from the drive to Phoenix, Arizona to attend the 65th Annual Iwo Jima Flag Raising Ceremony. Next year, I think I will take an airplane down.

This past month we were busy doing Military Funeral Honors for local Indian veterans. We did a service for a local VFW member, a Makah Indian, and an Upper Skagit Indian who was a member of our Honor Guard.

One of our tribal members asked me how to get in touch with us because she attended a funeral at Nisqually and she was pretty sure that he was a veteran. I informed her that two of Honor Guard members are Nisqually Tribal members and that our Secretary lives down there, too. So, if they did not know, neither would I. We have done services in many of the Indian communities in Western Washington, and have on occasion assisted the Yakama Warriors Association when they cannot travel over the mountain passes.

The Veterans Committee is busy making arrangements for the Annual Memorial Day Dinner. The menu looks really good.

I Went to a Party, Mom

I went to a party, Mom
And remembered what you said.
You told me not to drink,
So I had a Sprite instead.

I felt proud of myself,
The way you said I would,
That I didn't drink and drive,
Although some friends said I should.

I made a healthy choice,
And your advice to me was right.
The party finally ended,
And the kids drove out of sight..

I got into my car,
Sure to get home in one piece.
I never knew what was coming, Mom,
Something I expected least.

Now I'm lying on the pavement,
And I hear the policeman say,
The kid that caused this wreck was drunk,
Mom, his voice seems so far away...

My own blood's all around me,
As I try hard not to cry...
I can hear the paramedic say,
This girl is going to die.

I'm sure the guy had no idea,
While he was flying high.
Because he chose to drink and drive,
That now I would have to die.

So why do people do it, Mom,
Knowing that it ruins lives?
And now the pain is cutting me,
Like a hundred stabbing knives.

Tell sister not to be afraid, Mom.
Tell Daddy to be brave.
And when I go to heaven,
Put "Mommy's Girl" on my grave.

Someone should have taught him, That it's wrong to drink and drive.
Maybe if his parents had,
I'd still be alive.

My breath is getting shorter, Mom.
I'm getting really scared.
These are my final moments,
And I'm so unprepared.

I wish that you could hold me Mom,
As I lie here and die...
I wish that I could say, "I love you, Mom!"
So... I love you and good-bye.

(This poem is being circulated by MADD – Mothers Against Drunk Driving – and is being circulated widely on the reservation..)

EMPLOYEES OF THE MONTH

Colette Brown, January

Tribal Gaming Inspector

Colette's peers describe her as very kind, friendly and an ultimate team player.

Colette demonstrates her high standards and service to the Tribe through her consistent, excellent performance, reliability and her positive demeanor towards each person that she encounters throughout her workday.

Colette enjoys spending her off hours with her two children who are both great students and successful athletes. Colette enjoys football, basketball and especially shopping.



Dawn Miller, February

Program Manager, Family Resource Center

Biography

I am married (Roger Miller), and have two children (Queenia Sneatlum, Silas Miller). I am currently taking care of my grandson, Derek Daniels, who is 25 months old. I have had custody of him since he was born.

I have worked for the Resource Center since April 2001. I have a total of 24.5 years working for the Muckleshoot Tribe. A total of 10.5 years spent in the Accounting field, 5 years at the Gaming Commission, and 9 years here at the Resource Center.

I am on my final quarter of my schooling at Evergreen State College. I will have my Master's degree in Public Administration in June 2010.

I have been on the Gaming Commission since September 2002, and I am currently Vice-Chair.

Activities: Spending time with family, playing sla-hal, attending pow-wows, and gambling at casinos.



24-HOUR CRISIS LINE
1-866-4-CRISIS



Muckleshoot King County Library Hours

Monday-Thursday 10am-9pm
Friday 10am-6pm
Saturday 10am-5pm

May 2010 Events at the Muckleshoot Library

39917 Auburn Enumclaw Road, Auburn, WA 98092
253-931-6779

Story Time

Stories and Strings

Wednesdays May 12, 19, 26 at 11:00am

Description: Please join us for stories, sing-alongs and other fun activities.

Children's Special Program

MAD About Books – Wednesday, May 5, 2010 – 11:00am

Description: The MAD stands for Music And Drama. In this show, we explore favorite books from the inside out, using our imaginations to take the work from the page to the stage and create excitement about reading and the wonderful world of books!

Computer Classes

Looking to sharpen your technology skills? If you're interested in attending a class, please call 253-931-6779.

Internet Level II - Tuesday – May 11 – 10:00am

Description: Review and extend the knowledge and skills covered in Internet Level 1. Explore fun and helpful websites, discuss printing from the Internet, explore blogs, and discuss Internet Security. **Prerequisite:** Ability to use the mouse and ability to type website addresses.

Computer Basics - Tuesday – May 27 – 6:00pm

Description: Practice the skills necessary for using a computer; including using the mouse, selecting items and text, arranging windows, browsing the Internet and library catalog.

Book Discussion Group

Reading in the Woods Book Group – Monday, May 10, 2010 – 7:00pm

Description: Join us for a lively thoughtful discussion. This month's book is "The Year of Magical Thinking," by Joan Didion. Light refreshments will be served. Please come to the Service Desk at the library to obtain a copy of the book.

Tutoring

Study Zone – Tuesdays, May 4, 11, 18, 25 – 5:00-7:00pm

Description: Drop-in during scheduled Study Zone hours for free homework help from volunteer tutors.

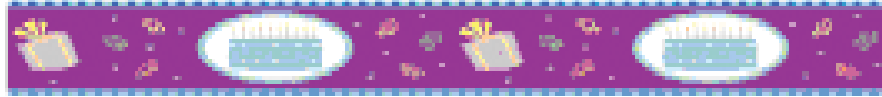


Emerald Downs

The Northwest's Finest in Thoroughbred Racing

First Post at 6 PM Fridays, 2 PM Saturday & Sunday

Muckleshoot Senior Center Monthly Newsletter



APRIL BIRTHDAYS

- Mike Starr – 4/01
- Danny Nichols – 4/02
- Alfred WhiteEagle – 4/3
- Neva Hamilton – 4/5
- Marie Paul – 4/6
- Marjorie Williams – 4/7
- Rose Cross – 4/07
- Antonio Perez – 4/08
- Stanley James – 4/08
- Archie Lobehan – 4/08
- Buddy Wayne – 4/14
- Grant Adair – 4/15
- Linda Gonzales – 4/17
- Valerie Bellack – 4/17
- William Miller – 4/19
- Patricia Molina – 4/28

Please let me know if I have not posted someone's birthday.

- We still need donations for door prizes or raffle items for the Elder's Luncheon. If you have anything, please bring it in to building. I'd like to thank all the elders who take time to come and help us make gifts for the luncheon. We still have time to complete more gifts. Come in and sew, bead or make a drum for our elder's lunch!
- We have cedar out for you to make bracelets, baskets; headbands etc. – whatever your heart desires. Just come and make something.
- We will be having an Elvis Tribute "by Danny Vernon. Mark your calendar to attend!

FUTURE EVENTS

- Yakima Luncheon – April 21st
- Tulalip Luncheon – May 13th
- Colville Tribe Luncheon – May 14th
- **Muckleshoot Luncheon – May 27th**
- Swinomish Luncheon – June 1st



REMINDERS: Please return the take home trays to the Senior Center. We do sterilize them here and reuse them for all your home delivery people.



Mariners Tickets – Mariners' open season tickets for first game will be raffled off. Sign-up sheet for future games will be posted on the board.

Elder's breakfast is every OTHER month so we will meet again at Casino in May 29. Watch for flyers in case location at casino changes.

Walking – Spring weather is here now we can start walking outdoors. Please let me know when you have time to take a walk in our spring weather.



DATES ANNOUNCED FOR MIT SUMMER POWWOWS

Dates have been announced for all three of Muckleshoot's major powwows. They are as follows:

- June 25, 26 & 27 – Muckleshoot Veterans Pow Wow, White River Amphitheatre
- July 23, 24 & 25 – 2010 Sobriety Pow Wow, Muckleshoot Pow Wow Grounds
- August 21, 22 & 23 – Skopabsh Celebration, Muckleshoot Pow Wow Grounds

Further information on the Veterans and Skopabsh Pow Wows is available from the Pow Wow Committee. The Health Division, which originated the Sobriety Pow Wow, is in charge of arrangements again this year.

UPCOMING EVENTS:

- Men's Ocean fishing trip April, working on dates.
- Native American holiday 4/16 – closed
- Basket Weaving Lummi 4/15th -16th

Senior Scenes



Johnny Cash Tribute





NEW GAMING COMMISSIONER. Muckleshoot Gaming Commission Chairman Merle Barr Sr. administers the oath of office to new commissioner Melvin Daniels as TGA Executive Director Jesse McDaniel looks on.

The Muckleshoot Monthly

*Celebrating 10 Years of Service
To the Muckleshoot Community!*

Enumclaw School District 15th Annual Pow-Wow 2010

**New Day -
Friday April 30, 2010 7 pm.
Enumclaw High School Gym
226 Semanski Street South, Enumclaw, WA
Emcee: Arnold Littlehead Grand Entry 7 pm
Free Admission –Open to the Public**



**All Drums and Dancers Welcome !
Competitive Dancing
Dance Specials**

For Vendor Information Contact:
Cathy Calvert or Sarah Brassard
(360) 802-7689 or
cathy_calvert@enumclaw.wednet.edu
Vendor's fee \$25.00

Sponsored by: The Enumclaw Parent Association,
The Muckleshoot Tribe, and Enumclaw School District

DRUG AND ALCOHOL FREE

Jeannette Morrison Homecoming

As most people know, Jeannette has been in and out of the hospital a few times. These pictures were taken at a recent homecoming when she was surrounded by her loving family members. Since then, she's been back to the hospital another time, but by the time this newspaper comes out she should be home again. Please keep Jeannette in your prayers.



Chooch, Lawrence, Chontaye, Rayanne, Berta, Diana and Jordan.



Larua, Marcy, Gracia, my dad, Shawnoa and Mom



Diana, Lawrence, Laura, Berta, and Mom



Brother Thomas and his wife Stella



Simone, Patience, Jesse, Pat Jr., Mya and Baby Shale



Dale and Jonathan



Lawrence and Rayanne



Courtney and Gina



Diana and Mom



Jonathan Jr., Jordan, Diana, Lawrence, Chontaye, Rayanne and Roberta



Roberta, Rayanne, and Grace



Jordan and his grams



Shawnoa



Marcy, Laura, and Mom



Roberta and Jordan



Mom, Uncle George and Annette



The two Gracias



Pat Daniels Jr. and his baby



BURGLARY PREVENTION



With the recent rash of burglaries I've been asked, "What can I do so it doesn't happen to me?" While there is no 100% guarantee, I can offer suggestions to reduce the chances of becoming a victim.

When you are at home:

- Use deadbolt locks on all exterior doors and keep them locked.
- Protect windows and sliding glass doors with good locks and window dowels. You can take measurements of the inside track and go to a local hardware store to have the wooden dowels cut. This is very inexpensive.
- Make sure to engrave your property. I have engravers at the office available for check out (Housing also has 1). I can show you the correct ways to mark your property.
- Keep an inventory of your items. I have forms for that as well.
- Call your insurance company for a quote on Renters Insurance. There is a misconception that insurance is expensive. I've called around and some companies will insure your property up to \$25,000 for only \$6 per month. It doesn't hurt to get a free quote and may save you in the long run.

Renter's Insurance Contacts – these sites allow you to get a free on line quote.
 www.geico.com or 1-800-566-1518
 www.statefarm.com – several local numbers are listed.
 www.pemco.com or 1-800-4673626

There are many more but this should give you a good starting point

- Do not open your door to a stranger. If they say it's an emergency, let them know *you* will call 911 for them.
- If you see something suspicious call 911 immediately. If in doubt, make the call and let us investigate.
- Get to know your neighbors.
- When you purchase a new item, dispose of the cardboard at a different location. Criminals pay attention to what you are throwing out and will make a list of it and strike at a later time.

Alarms in Tribal Housing - If you are interested in having an alarm installed, contact the Muckleshoot Housing Authority beforehand at 253-876-2886. Approval is on a case by case basis.

I'm also available for **Residential Surveys**. That involves me coming to your home and checking the locks, lights, landscape, etc. I have forms that are specific to this area. You will be provided a copy of the report before I leave.

All of us are dedicated to providing a safer community for all, but we need your help! Take a proactive roll and call **911 IMMEDIATELY FOR CRIMES IN PROGRESS!**

Deputy Ron Riehs
253-876-3246

TIP Line
253-876-2850

CLIP AND SAVE

BUS TIME SCHEDULE • MONDAY - FRIDAY 12-4 p.m. & 5-8 p.m.

STOP #1 HEALTH & WELLNESS	STOP #2 SENIOR CENTER	STOP #3 VIRGINIA CROSS ED.	STOP #4 OFC	STOP #5 DAVIS PROPERTY	STOP #6 SKOPABSH VILLAGE	STOP #7 32nd ST (Old Smoke Shop)	STOP #8 PENTECOSTAL CHURCH
12:00 pm	12:03 pm	12:10 pm	12:17 pm	12:27 pm	12:32 pm	12:37 pm	12:41 pm
1:00 pm	1:03 pm	1:10 pm	1:17 pm	1:27 pm	1:32 pm	1:37 pm	1:41 pm
2:00 pm	2:03 pm	2:10 pm	2:17 pm	2:27 pm	2:32 pm	2:37 pm	2:41 pm
3:00 pm	3:03 pm	3:10 pm	3:17 pm	3:27 pm	3:32 pm	3:37 pm	3:41 pm
5:00 pm	5:03 pm	5:10 pm	5:17 pm	5:27 pm	5:32 pm	5:37 pm	5:41 pm
6:00 pm	No Pick-Up	6:10 pm	6:17 pm	6:27 pm	6:32 pm	6:37 pm	6:41 pm
7:00 pm	No Pick-Up	7:10 pm	7:17 pm	7:27 pm	7:32 pm	7:37 pm	7:41 pm
8:00 pm	No Pick-Up	8:10 pm	8:17 pm	8:27 pm	8:32 pm	8:37 pm	8:41 pm

Pick-up Only from Health and Wellness and Delivered to Bus Stops

NOTE: SUBJECT TO CHANGE DURING ADVERSE WEATHER AND UNSCHEDULED SERVICE DISRUPTION (PLEASE NOTE: THE BUS WILL PICKUP AND DROP OFF AT DESIGNATED STOPS ONLY!)

PER CAPITA INFORMATION

For all per capita related questions or concerns please contact Heather Evans at 253-876-3189. If she does not answer please leave a message or if urgent please call Tammy Byars at (253) 876-3139.

ATTENTION TRIBAL MEMBERS

Bank of America now only requires **1 piece of ID to cash Per Capita checks. This can be your Tribal ID or any other state issued ID.**

Please note: All other checks issued by the Tribe still require 2 pieces of ID. (Scholarship, Reimbursements, Senior Monthly, etc)

Please let other Tribal members know of this change. If you have any questions, you may contact Heather Evans at 253-876-3189.

Muckleshoot Housing Authority
 After Hours Maintenance Emergency Number
(253) 261-0779
 If you have a maintenance emergency outside of Housing's normal business hours, please contact the After Hours Emergency Number.

DOCKYARD DERBY DAMES

SEASON FOUR
2010 BOUT DATES

APRIL 24 - BOUT 2
PIERCE COLLEGE 9401 FARWEST DR. SW LAKEWOOD, WA

MAY 22 - BOUT 3
FOSS WATERWAY SEAPORT 705 DOCK ST. TACOMA, WA

JUNE 26 - CHAMPIONSHIP BOUT
FOSS WATERWAY SEAPORT 705 DOCK ST. TACOMA, WA

ALL-STAR TEAM BOUTS
@ PIERCE COLLEGE 9401 FARWEST DR. SW LAKEWOOD, WA
JULY 24, AUGUST 28, SEPTEMBER 25, OCTOBER 23

DOCKYARDDERBYDAMES.COM

Are you interested in becoming a *Foster Parent*? Indian Child Welfare Program and DSHS will be offering

Pride Training Glasses

May 4th, 5th, 6th and 7th
 9:30-4:30 PM
 Cougar Room

Please call Francis, Julie or Luella to register
 253-833-8782/876-3394

This is a great opportunity for our tribal people to come forward in taking their first steps in becoming a *Foster Parent*. Our tribal children are in need of you and your family. *PLEASE* join our purpose in protecting our children of the Muckleshoot Reservation. This training is free; (**limited seating with a maximum of 20**) also lunch and snacks will be provided. *When you become a Foster Parent you are demonstrating your dedication to children and families in the community. You can make a connection that can positively affect a child for a life time! HOPE TO SEE YOU THERE!!!!*

Dockyard Derby Dames

ROLLER GIRLS ON TV!

The Dockyard Derby Dames, home team for Muckleshoot's own roller girl, Fawn James, were featured recently on King 5 TV's New Day Northwest program. It turned out to be a very entertaining segment and is well worth watching. The Dockyard Derby Dames consists of several teams, and each of the skaters has a nickname. Fawn skates for the Femme Fianna and is known as LushAce Harms #57.

To view it on-line, go to www.king5.com and type "roller girls" in the search window. To learn more about the Dockyard Derby Dames and their upcoming schedule, go to: www.dockyardderbydames.com

Robert Kennedy is choice for Housing Employee of the Month

February's Employee of the Month was not only chosen by Management, but was recommended by other staff. This person is also recognized by our tenants. I've had several phone calls requesting this person to come to their home for the repairs to be done.



Robert Kennedy

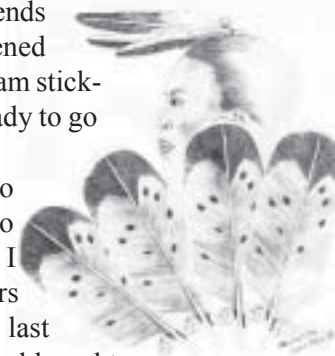
I had a tenant come to me just last week and ask who this new employee was because he does excellent work, is very polite, and cleaned the work area when the project was completed. The Tenant also commented, "Hold on to this one because he is an outstanding worker!"

Even when we hit a minor speed bump it didn't slow him down. He didn't let it affect his work or his attitude; he jumped right back on track and said "Gimme some more work orders!"

I am very grateful to have this person on our Housing team and look forward to many more years of excellence. Keep up the good work! Thanks Robert!

FEATHERED HEALING CIRCLE

Hello all my Feathered Healing Circle Friends – Cynthia here. I wanted to say a lot has happened to me in the last month but you know what? I am sticking in there and have rolled up my sleeves ready to go again.



I must say that God has been wonderful to me. Let me tell you some of what happened to me. God has been blessing me with cars that I didn't have to pay for maybe 5 or 6 years now. Well, my van decided it had seen its last trip, and instead of waiting I ran out there and bought another one from a friend.

Well, I was shafted and I had a lemon they had used heavy oil to cover up the engine misgivings. I couldn't get my money back and didn't have any more to give for another car. I had to wait on God. He blessed me with the money and the people said God said to give this to you because you need a car. Well I have another car, thanks to God – isn't he awesome?

I wanted to ask if some of you could send in some of your stories to give people faith in the future so that these articles will be of all of us.

Until next time...Hoyt!

Cynthia & The Feathered Healing Circle

WARNING: DON'T GET CAUGHT BY SCAMMERS!

If you are looking to buy food stamps, be very careful. There are now imposters within the Muckleshoot Community who are selling phony/fake EBT cards. They will sell or give you their card, assuring you that there are funds on them in exchange for your cash.

For example, they will offer you \$200 worth of food stamps for \$100. The thieves will then either cancel the card or there will not be any funds on the card to begin with! You are left at the counter with a cart full of groceries and no funds to pay for them because you just gave your money to a thief! Don't be fooled!

Submitted by a concerned community member

Wilma Mankiller remembered as humble leader

TAHLEQUAH, Okla. – Former Cherokee Nation Chief Wilma Mankiller became a best-selling author and a feminist hero as her Oklahoma political career helped launch her into the national spotlight.

But it was her humble, tender nature – a refusal to squash a bug, an affinity for opera – that defined her life, friends said as Mankiller was remembered during a memorial that drew more than 1,200 mourners, including dignitaries from other tribes and governments.

She was described in many ways... as a mother who turned her daughters on to Motown records; as an avid poker player and dancer with an affinity for movie star Johnny Depp; as a tender heart who brought home stray animals – including an emaciated pig she found along an Oklahoma county road; and as a Boston Red Sox fan who could recite the stats of any member on the team's roster.

"She always saw you a little better than you were, so you became better," close friend and iconic 1960's women's rights activist Gloria Steinem, who was with Mankiller in the final weeks of her life, said during the outdoor service at the Cherokee Nation Cultural Grounds, about 70 miles east of Tulsa.

Mankiller died Tuesday, April 6, after a bout with pancreatic cancer at age 64.

Born in Oklahoma, young Wilma moved to the San Francisco Bay Area with her parents in 1956 under the old BIA Relocation Program and came of age there during the dawn of an era of growing Native awareness and activism.

She married an Ecuadorian college student at age 17 and soon had two daughters, but still managed to attend college and involve herself deeply with the San Francisco Indian Center. In 1969, along with fellow San Francisco State University student Richard Oakes, she took part in what she would later describe as the turning point in her life – the takeover and occupation of Alcatraz Island.

Following her 1977 divorce, Mankiller returned to Oklahoma with daughters Felicia and Gina. At age 32, the young single mom started over again far from the urban world she was so familiar with, accepting an en-



Wilma Mankiller

try-level job with her tribe.

Within a few short years, she parleyed the political savvy she'd acquired as an urban activist into a successful political career, ultimately serving as Principal Chief of the Cherokees from 1985 until 1995. Under her guidance, the tribe tripled its enrollment, doubled employment and built new health centers and children's programs.

Wilma Mankiller received many honors, including the Presidential Medal of Freedom – the highest civilian honor in the country – from then-President Bill Clinton in 1998, yet she was always without pretension, whether she was with dignitaries in Washington or sitting on a porch at home in Oklahoma, friends said.

Family members told those gathered at her memorial service that Mankiller, even with her grim cancer diagnosis, never stopped living life to the fullest, planning the next day's events and making peace with her final days.

On a first date, she and her future husband ate hot dogs from a Tulsa fast-food joint and watched a *Rambo* movie. She didn't like either, said her husband, Charlie Soap, trying to hold back tears.

"I feel like she's not gone," Soap said. "She's still here."

Her daughter, Felicia Olaya, ended the service by reading a note her mother wrote before her death. Mankiller said she wanted people "to know what an incredible life I've had. I want them to be encouraged by it."

National Indian Gaming Association Honors Early Leaders in Indian Gaming

SAN DIEGO, Calif. – The National Indian Gaming Association remembered its beginnings, and gave some of its highest honors to the early leaders in the Indian gaming industry during its recent conference in San Diego.

Stanley Crooks, chairman of the Shakopee Mdewakanton Sioux Community, gave a 25th anniversary keynote address in which he explained the importance of long-standing efforts to rebuild American Indian economies.

"If you don't have the revenues, you cannot protect sovereignty, and in these trying times sovereignty needs to be protected," he said.

Crooks noted that NIGA was instrumental in fighting adversarial legislation during the advent of Indian gaming, and that NIGA's work has helped to make gaming a major contributor to the economies of Indian nations. He also announced a \$100,000 gift of support from the Shakopee Mdewakanton Sioux Community to NIGA.

At the conclusion of the address, NIGA Chairman Ernie Stevens, Jr. gave Crooks the Chairman's Leadership Award and wrapped him a buffalo robe.

NIGA was founded in 1985 as the court case, *California v. Cabazon Band of Mission Indians*, wended its way to the U.S. Supreme Court. The court ruling issued in 1987 affirmed tribal sovereignty, and strengthened the ability to continue building their economies through tribal government gaming. Indian gaming – despite the current economy – has continued to provide jobs, basic government services and has become in 2010 a \$26.2 billion industry.

Famous Dave honored

NIGA Chairman Ernie Stevens Jr. gave the Chairman's Entrepreneur of the Year Award to Dave Anderson, the founder of the NASDAQ-traded restaurant chain Famous Dave's of America. Anderson, who is Choctaw and Ojibwe, accepted the award on behalf of the early employees of the gaming industry, including the bingo hall managers, assistant managers and security staff in the early days of Indian gaming. "If they hadn't risked their lives and their careers we wouldn't be here," he said

Stan Jones of Tulalip honored

Stan Jones, 83, who served as chairman of the Tulalip Tribes for 44 years, received the Chairman's Lifetime Achievement Award. Stevens called Jones "A modern day hero, and a modern day warrior" as he announced the award. Jones, a World War II veteran, was served as chairman of the first Indian gaming task force assembled in the late 1980s by the U.S. Interior Department.

"We traveled all across Indian country letting the tribes know the benefits of the gaming," Jones recalled. "Everyone started with high stakes bingo, and then casinos."

He thought for a minute, then added, "Our land was sold or taken away from us; we had soap put in our mouths for speaking our Indian language. Now we have been buying land back on our reservation and we go into the schools and teach the kids our Indian language. And we pay full education for any tribal members who want to go to college."

Oneida Chairman Rick Hill honored

Stevens gave the Chairman's Leadership Award to Rick Hill, chairman of the Oneida Nation in Wisconsin. "Who is here from the 1993-1994 NIGA tour?" Hill asked the audience. "We bonded on that magnificent tour that took us from coast to coast. We were saying, 'We need to get our act together to build this industry.'"

At one point in the early days of Indian gaming, Hill said, 49 of 50 governors were fighting against it,

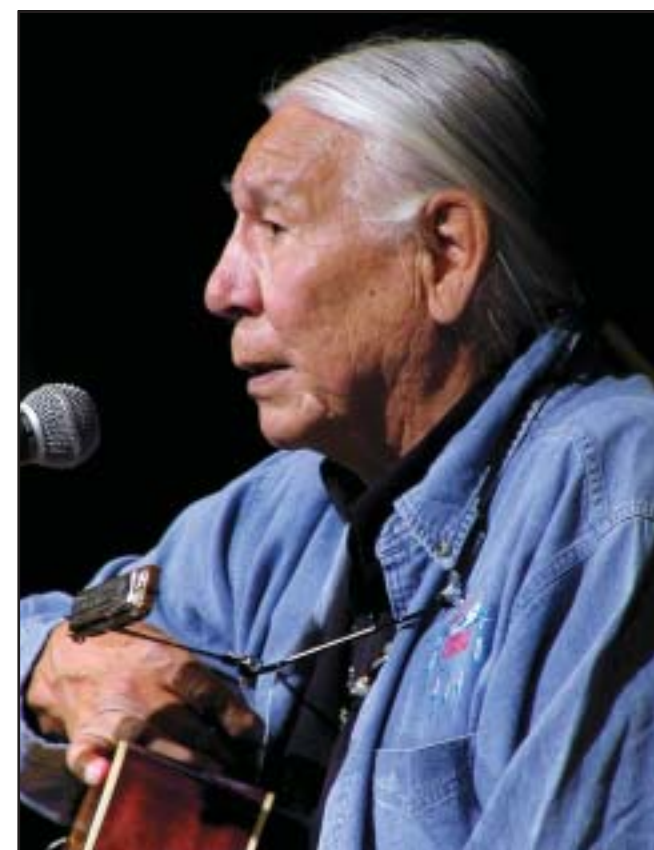


PHOTO BY JOHN LOFTUS

ONE OF HIS FINEST HOURS: The late Floyd Red Crow Westerman is seen here sharing words of comfort and wisdom with the stunned and saddened people that attended his intimate concert at Auburn Riverside High School on

and Congress was considering legislation that went against the very fabric of Indian Country. But when the time came for hearings, 100 chiefs came to testify to the sovereign right of Indian nations and the profound economic needs across Indian Country.

"Chairman Crooks quietly gave us the money to run operations and start the organization (NIGA) as we see it today," Hill said. "I think for the future you will accomplish the mission of the Indian Gaming Regulatory Act, which is to build strong tribal governments, economic development and self sufficiency."

NIGA Chairman Stevens, who is also Oneida, remarked, "Chairman Hill walked the walk, and fought the fight. He continues to do so from the front lines. We are so proud of our great leader."

Floyd Red Crow Westerman remembered

Earlier, the opening reception on the roof of San Diego's Hard Rock Hotel looked back in celebration of the life of Floyd Red Crow Westerman, the Sisseton-Wahpeton Oyate Dakota singer, activist and actor; and honored Nike's N7 Foundation, which supports youth athletics across Indian Country.

"Floyd Westerman helped make Indian Country what it is," Ernie Stevens, Jr., the chairman of the National Indian Gaming Association, told a cheering crowd, before playing a song by Westerman, who walked on in 2007.

A highlight of the tribal leader's reception occurred when Westerman's friends, Ojibwe rocker and bluesman Keith Secola and Oneida comedian Charlie Hill took the stage, to play one of Westerman's signature songs, a round dance. Secola picked the melody on his guitar and sang Westerman's familiar words about being put in boarding school, and Hill kept time with a hand drum.

"Floyd was a dynamic leader; he was truly a man who changed America's understanding and appreciation for Indian Country," said Stevens who is Oneida.

The National Indian Gaming Association was founded in 1985 at the birth of modern Indian gaming to provide public policy resources, training and advocacy for American Indian tribes. It is the leading gaming organization for Indian Country, promoting awareness of the ways in which Indian nations and their gaming enterprises support cultural restoration and economic development.

Head Woman Dancer

Our own Madrienne Ann Salgado was honored by her alma mater recently when she was asked to be the Head Woman Dancer at the University of Washington's Annual Spring Pow Wow.



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Want to work with Music?

2010 JOB FAIR

WHITE RIVER AMPHITHEATRE

Now accepting applications for part-time, seasonal job opportunities at the White River Amphitheatre.

Jobs Include:

- Ushers**
- Ticket Takers**
- Guest Services**
- Cleaning**
- Maintenance**

Fill out an application for the job that you are interested in. You may apply at the administration office 10am-4pm M-F

UPCOMING EVENTS

BUY TICKETS AT
LIVENATION.com

Location:
40601 Auburn Enumclaw Road • Auburn, WA 98092
(360) 825-6200

Selena Hernandez preps for 1st 4-H Horse Show



Nine-year-old Selena Mackenzie Hernandez is the daughter of Joylene Simmons and Hector Hernandez, and is a 4th grader at Chinook Elementary. These photos show her training for her first 4-H Novice Horse Show, which will take place on Saturday, April 17.

This is Selena's first year in 4-H. She rides with Mounted Mischief 4-H Group and her mentor, Kelly Ferguson, allows Selena to come over to practice and train, and also just to ride her horses.

"She's doing so great, and I am SO proud of her!" Joylene says. For more info on Selena's 4-H group, Mounted Mischief, go to the following link:



<http://mountedmischief4hclub.homestead.com/files/index.html>



General Council

Meeting Schedule for 2010

Quarterly & Monthly Meetings

Please add these dates to your calendar

- **April 29th – Quarterly**
– May 27th
– June 24th
– July 22nd
- **August 26th – Quarterly**
– September 23rd
– October 28th
- **November 18th – Quarterly**
(changed the date for this meeting due to Thanksgiving)
- **December – NO MEETING**

All of these dates and times are subject to change. The Tribal Council Department will do their best to keep you up to date and informed of any changes.

Activities Coordinator

\$17.22 per hour

The Muckleshoot Tribe is searching for an Activities Coordinator. Position will report to the Youth Services Manager.

Job Summary: Under supervision, designs, develops and provides safe and innovative programs and activities for youth of the Muckleshoot community.

Requires: Equivalent to graduation from a high school and two (2) years related experience working with youth is required.

Tribal hiring preference may apply.

To request an application packet please e-mail hr@muckleshoot.nsn.us

MUCKLESHOOT TRIBAL ENROLLMENT

Any interested/eligible Muckleshoot parties seeking tribal enrollment please be advised that the following documentation is always needed for Muckleshoot tribal enrollment:

1. Enrollment application, filled out completely, front & back.
2. Original certified birth certificate (NO EXCEPTIONS.) (Signatures of both parents, if both are on certified birth certificate and under age 18.)
3. Original Social Security card.
4. Relinquishment must be completed, if enrolled in another tribe.
5. Name must match on all documents.

No copies are accepted. Until all documents are on file, no review process will begin.

Come work for Your Tribe and make a difference!!!

The Muckleshoot Tribal Administration is looking to hire Tribal members to fill its new openings. Please visit us in the Tribal Administration Human Resources Department to see if we have any openings that you might be interested in.

Also see our opening on-line at www.muckleshoot.nsn.us

Visit the Muckleshoot Tribe's **NEW WEBSITE!**

www.muckleshoot.nsn.us



2010 Per Capita Deadlines and Schedule

May 14, 2010	- Deadline to stop taking Direct Deposit Changes/ Cancellations
May 28, 2010	- Enrollment Cut Off Date for September 2010 Per Capita
June 1, 2010	- Per Capita Distribution
June 2, 2010	- Per Capita Distribution
June 3, 2010	- Per Capita Distribution
June 30, 2010	- Deadline for <u>New</u> Direct Deposits to be turned in to Tax Fund
July 9, 2010	- Deadline for Information to be turned in to Tax Fund from Tribal Programs
August 13, 2010	- Deadline to stop taking Direct Deposit Changes/Cancellations
August 31, 2010	- Enrollment Cut Off Date for Dec 2010 Per Capita
September 7, 2010	- Per Capita Distribution
September 8, 2010	- Per Capita Distribution
September 9, 2010	- Per Capita Distribution
September 30, 2010	- Deadline for <u>New</u> Direct Deposits to be turned in to Tax Fund
October 8, 2010	- Deadline for Information to be turned in to Tax Fund from Tribal Programs
November 12, 2010	- Deadline to stop taking Direct Deposit Changes/Cancellations
November 30, 2010	- Enrollment Cut Off Date for March 2011 Per Capita
December 7, 2010	- Per Capita Distribution
December 8, 2010	- Per Capita Distribution
December 9, 2010	- Per Capita Distribution
December 31, 2010	- Deadline for <u>New</u> Direct Deposits to be turned in to Tax Fund

Please contact Heather Evans at 253-876-3189 if you have any questions regarding Per Capitas.

Catholic Mass



All are welcome to celebrate the Native American Catholic Mass with Father Pat Twohy at St. Leo Church/A Jesuit Parish located at 710 South 13th Tacoma 98405. We will gather on April 25th at 1:30pm followed with coffee, juice and dessert. On the third Sunday, April 18th we will have our Kateri meeting at 12:45pm, Mass at 1:30pm and a potluck and raffle will follow.

For further information, and to hear the words shared by Father Pat Twohy, go to: <http://www.katericircle.com>

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MUCKLESHOOT INDIAN CASINO

You can now apply for jobs ON-LINE

Visit www.muckleshootcasino.com and click on "Career Opportunities" to view current job openings then complete your employment application. This on-line application can be completed 24 hours a day from the convenience of your home computer and/or at the Muckleshoot Indian Casino's Human Resources Office.

All you need is an e-mail address to set up your on-line application. If you do not have an e-mail address call

Human Resources Hours:
Monday – Wednesday 9am to 6pm
Thursday 9am to 9pm
Friday 9am to 5pm
HR Phone Number 253-929-5128



24-HOUR CRISIS LINE
1-866-4-CRISIS

EVENTS CALENDAR

April 16	Weaving Research Community. Keynote Speaker, Dr. Gregory Cajete, Ph.D., 9AM at Longhouse Education & Cultural Center. Call 360-867-6889 for more information.
April 26	Salmon Survivor, 6pm Wellness Center Pool. For more info call Al Frank at 253-333-3616
May 4-5	NW Indian College Career Fair and Training Symposium - For more info contact Maeg Demmons at 360-392-4256
May 13	2010 LOL Annual HWC Conference - 3:30 pm at Health & Wellness Center. For more info contact Kristen Bell at 253-333-3616
May 22	Anderson Family Reunion, Sla-Hal Shed and Ball fields
May 29	Rosette Cross - William Andy Jr. Wedding, 2 PM, Muckleshoot Shaker Church
June 12	Virginia Cross Birthday Celebration and Family Reunion, 4 PM to dusk, Game Farm Park; pot luck, all welcome!
June 19	Kids Fishing Derby - 8:30 - 2pm. Kids 12 and under
June 25 - 27	Muckleshoot Veterans Pow Wow - White River Amphitheatre
July 23 - 25	2010 Sobriety Pow Wow - Muckleshoot Pow Wow Grounds
August 14	Family Fishing Derby - 8:30 - 2pm. Kids
August 21 - 23	Skopabsh Celebration - Muckleshoot Pow Wow Grounds
September 25	Fall Classic - 8:30 - 2pm. All Ages

CULTURAL WELLNESS GATHERINGS

AA Meeting Time

Muckleshoot Recovery House Mondays 12:00 Noon
39225 180th Ave. SE,
Auburn, WA 98092

Feather Healing Circle

39015 172nd Avenue SE Tuesdays 5:00 pm
Auburn, WA

Fire Starters

Pentecostal Church Muckleshoot Wednesdays 7:00 pm
39731 Auburn Enumclaw Road SE Fridays 7:00 pm
Auburn, WA

Grief and Loss

Grief and Loss Support Group Wednesday's 6:00pm -8:00pm.
Behavioral Health, Bear Lodge

Women's Group

Muckleshoot Tribal College Thursdays 5:00 pm

Boys Mentoring Group

Muckleshoot Behavioral Health Thursday's 4:30 pm to 9:00pm

Al-Anon Meetings

Auburn First United Methodist Church Monday 10:30 a.m.
E. Main & N St. S.E.
Auburn, WA 98002

Federal Way Sunrise

United Methodist Church Monday 6:30 pm
150 S. 356th St.
Federal Way, WA 98003



The Muckleshoot Canoe Family meets every Wednesday evening at the Canoe Clubhouse from 5:30 to 9 PM for a Business Meeting. After the business meeting we conduct a cultural activity, whether it be cedar weaving, wool weaving, regalia making or Whulshootseed language lessons. Dinner is included during the meeting. In 2010 we will be enforcing the Canoe Family Guidelines more strictly than in the past. Please make it to the meetings.

Have you ever considered a career in gaming regulation?

THE MUCKLESHOOT GAMING COMMISSION regularly posts openings at the Casino, Tribal Headquarters, and the Commission office. Because resumes and/or applications are accepted for open positions only, check often or call 253.735.2050 for current openings.





Mom & Dad wedding '74

We would like to Wish Loretta & Alfred Williams, Sr. a very Happy 36th wedding anniversary!! (04-05-10) Love All of Us- children, grandchildren, & great- granddaughter!!



Wish Robbie Weed a Happy 8th Birthday (04/30/10).... Love Auntie Kim & Uncle Ed, Sonya, Kelsey!

Happy Birthday Dad (Chuckie) (grandpa)- (04/05/10) Love Ed, Kim, Sonya & Kelsey!!

Happy Birthday Elicia B..... Love Ed, Kim, Sonya & Kelsey!!



Welcome to Brooklynne Paige Leonard

Daughter of Maritza Munoz and Richard Leonard!
Born March 19, 2010, 6lbs 13oz and 17 inches long.



Happy 13th Birthday, Olivia!

We are so proud of you and love you very much. Keep up the good work! We know it's not easy, but we will always be here for you whenever you need us – never forget that!

Love,
Mom, Dad, Aunt Madrienne, Gram Laurie, Uncle Josh, Matt, your lil sisters, and all the rest of your family!



A BIG THANK YOU FROM ROY MURPHY

A big thank you to all that came to support my fundraiser to Ambassadors for Auburn School District.

Special thanks to Uncle Mark, Laura Weeks, Virginia Cross (Council Lady), Donna Starr, Steve Baker, Wendy (Senior Center Director), Aunt Toots and family, Gramma Norma D., Dad, Aunty Monica, Derek and my two cousins, Bubba, Pauline, Frankie, and all who donated.

Gramma will be starting a Raffle, drawing in June 2010 – date not yet set. Raffle tickets for the #1 Raffle items will be \$1.00 each or 6 for \$5.00.

Raffle tickets for the #2 Raffle items will be \$2.00 each or 3 for \$5.00. Some of the #2 raffle items include: Pendleton blanket, baby Pendleton blanket, beaded barrette, cedar hat, and other items.

So again, thanks Gramma and all of my Aunts, Cousins and friends, Uncles for coming to buy Indian Tacos. They were yummy – the bestes!
Thanks Aunty Toots and Gram. I love you two.

Sincerely,

Roy Murphy
XOXO



Bride and Groom, Rosa and Nato

Rosa and Nato Renew Their Wedding Vows

By Renee "Rosa" Lozier

On February 9th My husband and I celebrated our Ninth Wedding anniversary with a trip to Reno to Renew our Wedding Vows. We figured it to be our Tenth Anniversary, and after all was said and done, it was our ninth. We had already made plans to go, so we went with it.

My Sister Wilma said that she did not get to be in my first wedding, so she was flying down to stand beside me on our second wedding. So when I told my Husband that Sister was flying down to stand by me, he asked me to find him a Padrino (best man). I could not think of one, but I have two Sons that call him Papa, so I asked them to come and stand by their Papa. They both agreed and were honored to be by Papa's side.

In the meantime, my younger Sister, Lily, said that she was going to go, and would fly down with Sister. She wasn't missing this one, she said. "Fine," I thought, "Now we have my two boys and two of my Sisters."

At the last minute, my Daughter-in-Law, Bekah, says that she is not getting left behind and that she will be going with us, too. At the last minute Jeremy was going to stay home, Joey, my oldest Son and I went and rented us a Suburban to drive down, so we can all fit comfortably. So Joey and Jeremy, Charles and Bekah, and Nato and I drove to Reno to renew our Wedding Vows.

On Saturday morning we went to breakfast at the El Dorado Buffet. When we were fixing our plates I asked everyone to wait until I got to the table to start eating breakfast. They did, and when I told them why they all agreed. I told them that the reason we were there was because it was our Sister Squaw's Birthday, and that is why we got married when we did, to celebrate this day in a happy way. So I fixed two pancakes with coconut and syrup and decorated it with fruit and put three bean sprouts on it for candles and sang Happy Birthday to Our Beloved Sister Squaw.

Then we went in search of the perfect Chapel to get remarried. First stop was The Antique Angel Wedding Chapel. We all went in to check out the Chapel. It had three different Chapels and we all chose the same one, so we went with that one. I looked like our old house with wooden walls and floors, with old looking furniture and carpet with cool stuff.

On our way to look at another Chapel down the stairs, we passed a beautiful wedding dress hanging on a manikin. The Gentleman showing us around explained that they also rent any wedding dress in the building for \$50.00. Sister said, "Let's go look at them."

We did, and the rest is history. We both fell in love with the one in the picture. My Sons walked me down the aisle and when asked who gives this woman to this man, it was said "Our Family" by all of my Family, because all of my Family loves my Husband Nato. After this beautiful Wedding My Sister Wilma took all of us to her favorite restaurant the Atlantis for a delicious dinner of Seafood.

When My Husband told me that he wanted to marry me again, because he loved me so much, I didn't realize what we were headed for, until it was all done and over. We were on our way home when it hit me, what just happened in Reno, and what a beautiful experience it was. I cried.



Diego Ramirez, Johnelle Ramirez's son

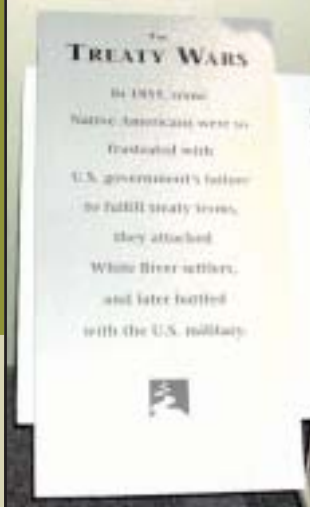
The Muckleshoot Monthly

Celebrating 10 Years of Service To the Muckleshoot Community!

A Trip to the White River Valley Historical Museum

Submitted by Noreen Milne

Nolan Milne, along with the rest of Mrs. Radcliff's third grade class from Chinook Elementary School, recently took a field trip to White River Valley Historical Museum. They enjoyed the presentation on Native American history and were able to learn about our native weaving and the different berries and food we ate in the past.



Jason and Soledad Flores